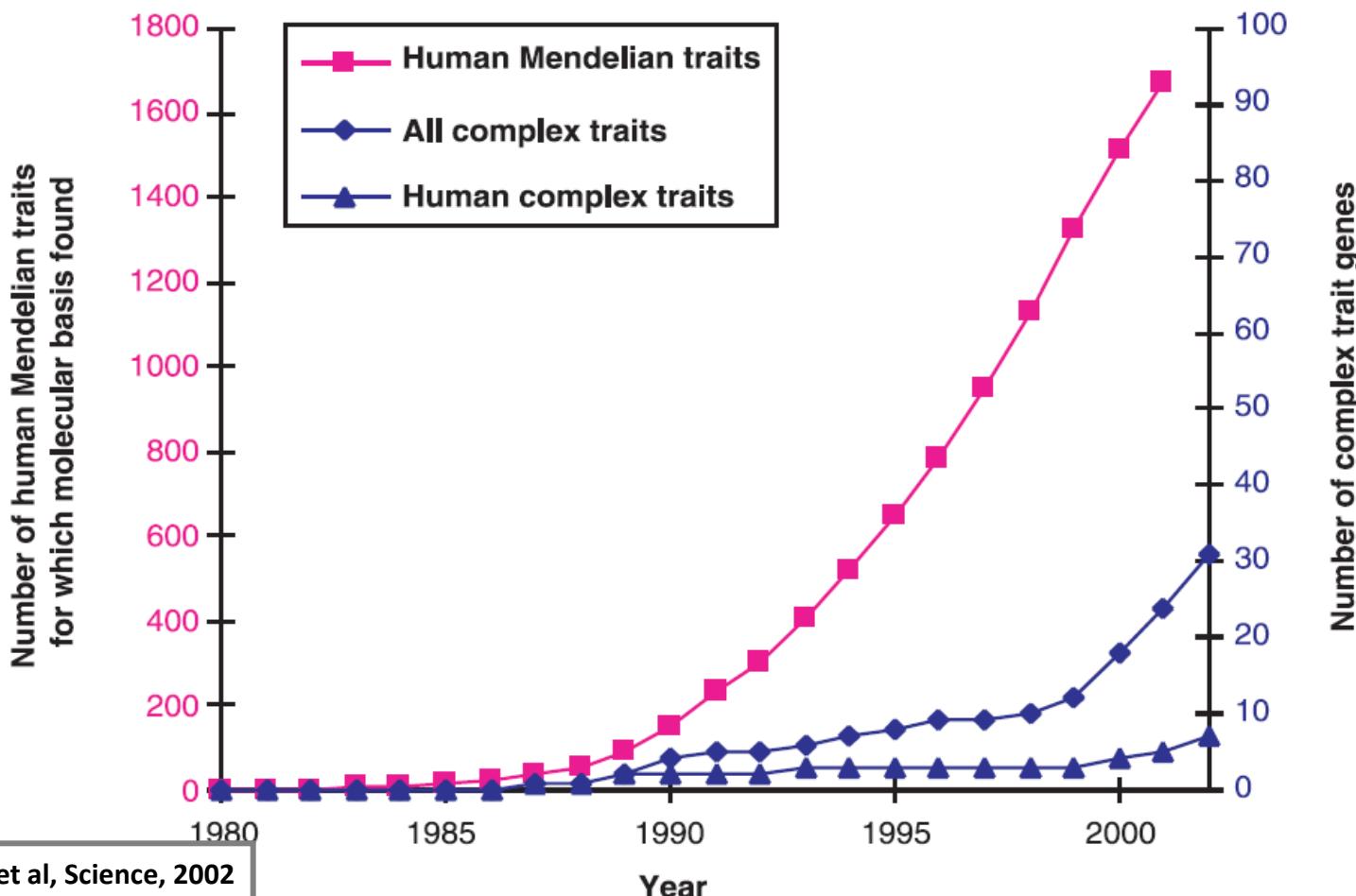


Thinking big: Finding more and (more) genes influencing glycaemic and anthropometric traits

Mark McCarthy, Oxford

Slow progress in finding multifactorial genes...



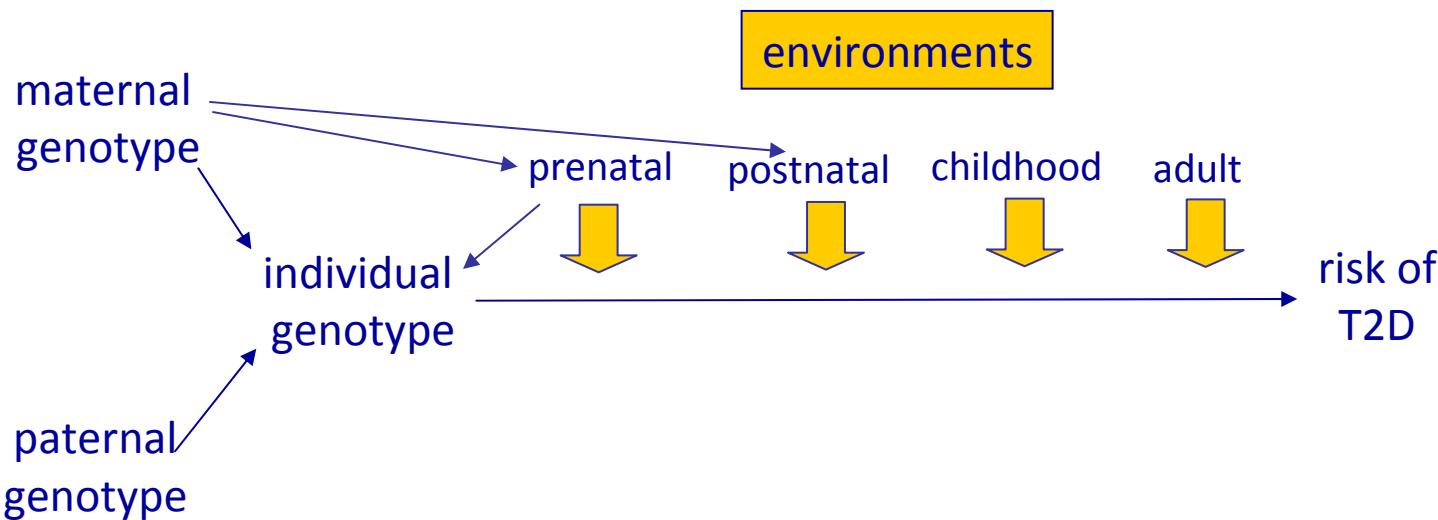
Why? - biological complexity

Genes

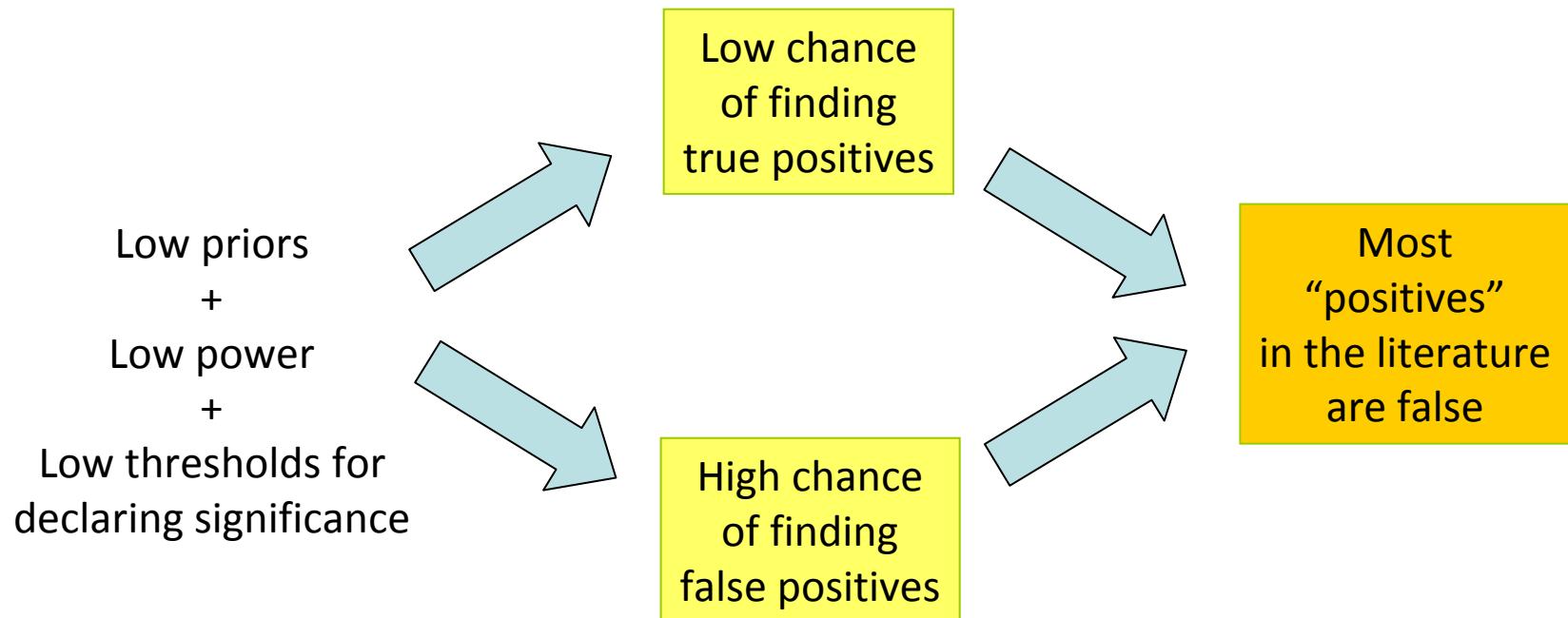
- familial clustering
- twin studies
- adoption studies
- migration studies
- admixture studies
- gene discovery

Environment

- secular trends
- migration studies
- twin studies
- transgenerational effects
- intervention studies



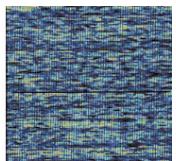
Why? - inadequate study design



Recent advances using GWA approach



Better understanding
of patterns of human
sequence variation



Advances in
genotyping
technology

Genome-wide
association
scans



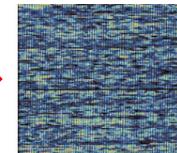
Sample
collections of
adequate size

Samples
of
interest

3,000,000,000 bases
in human genome

~10,000,000 positions
commonly variant
in Europeans

80% of these captured
by typing ~500k



test for
evidence of
association

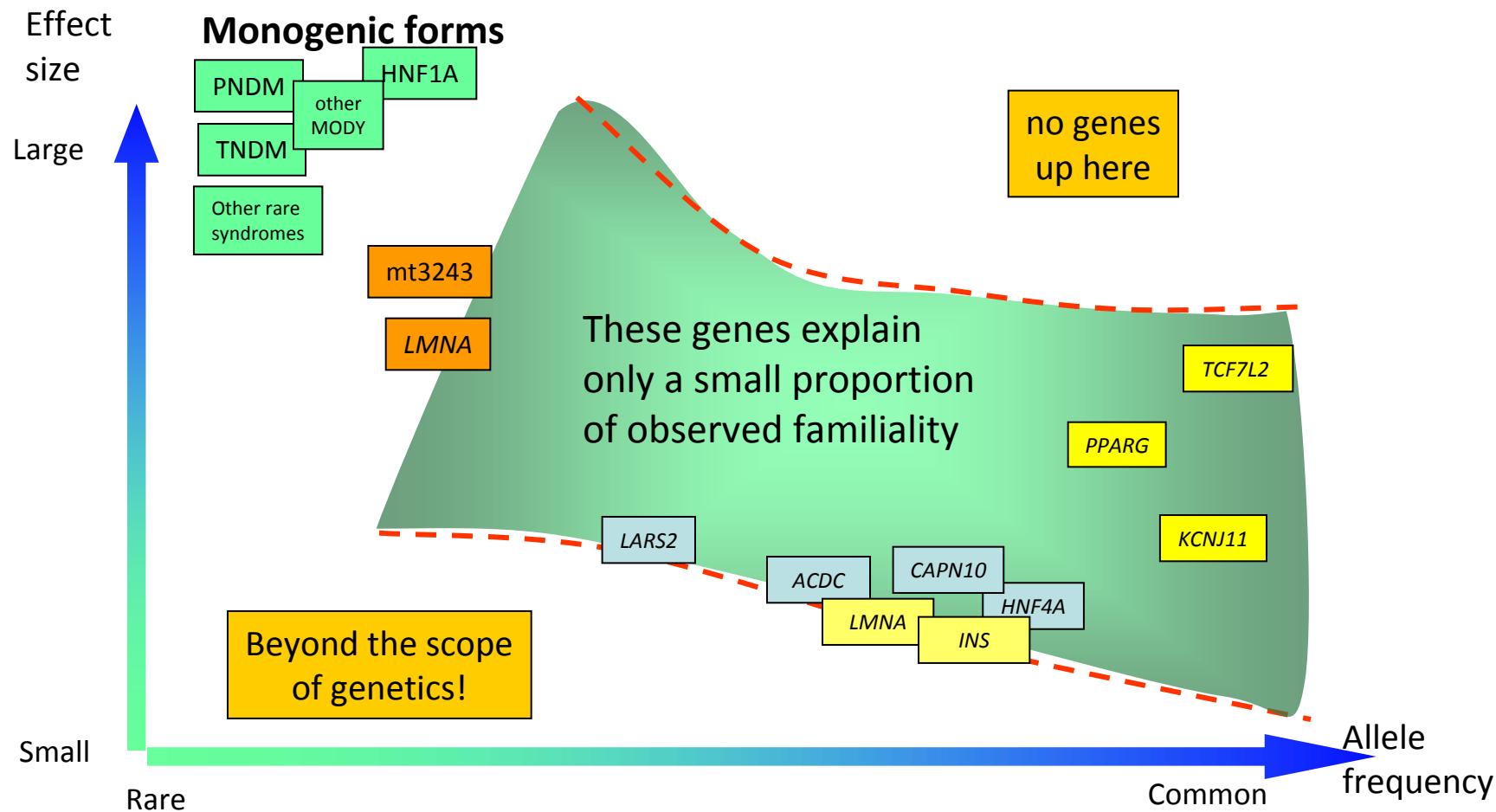
Summary of talk

common variant loci implicated

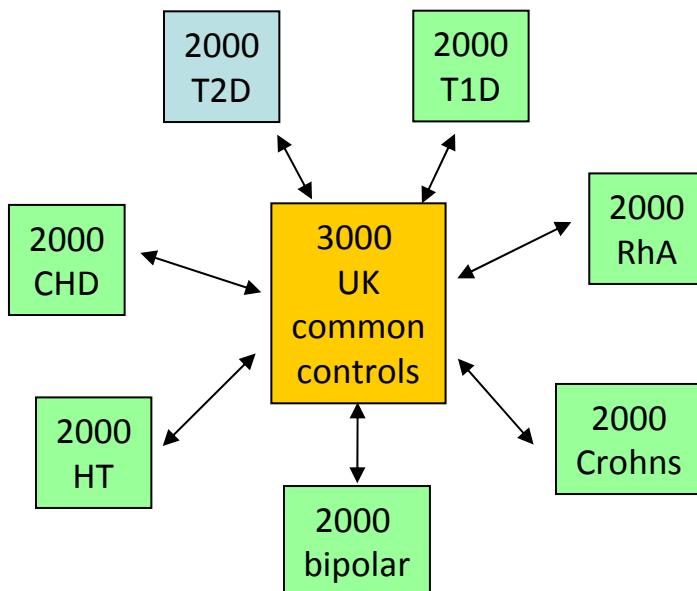
	2006	2008
T2D	3	20
BMI	0	10
glucose	1	5

Type 2 diabetes

Atlas of diabetes susceptibility (2006)



Wellcome Trust Case Control Consortium



Main study with national cases/controls

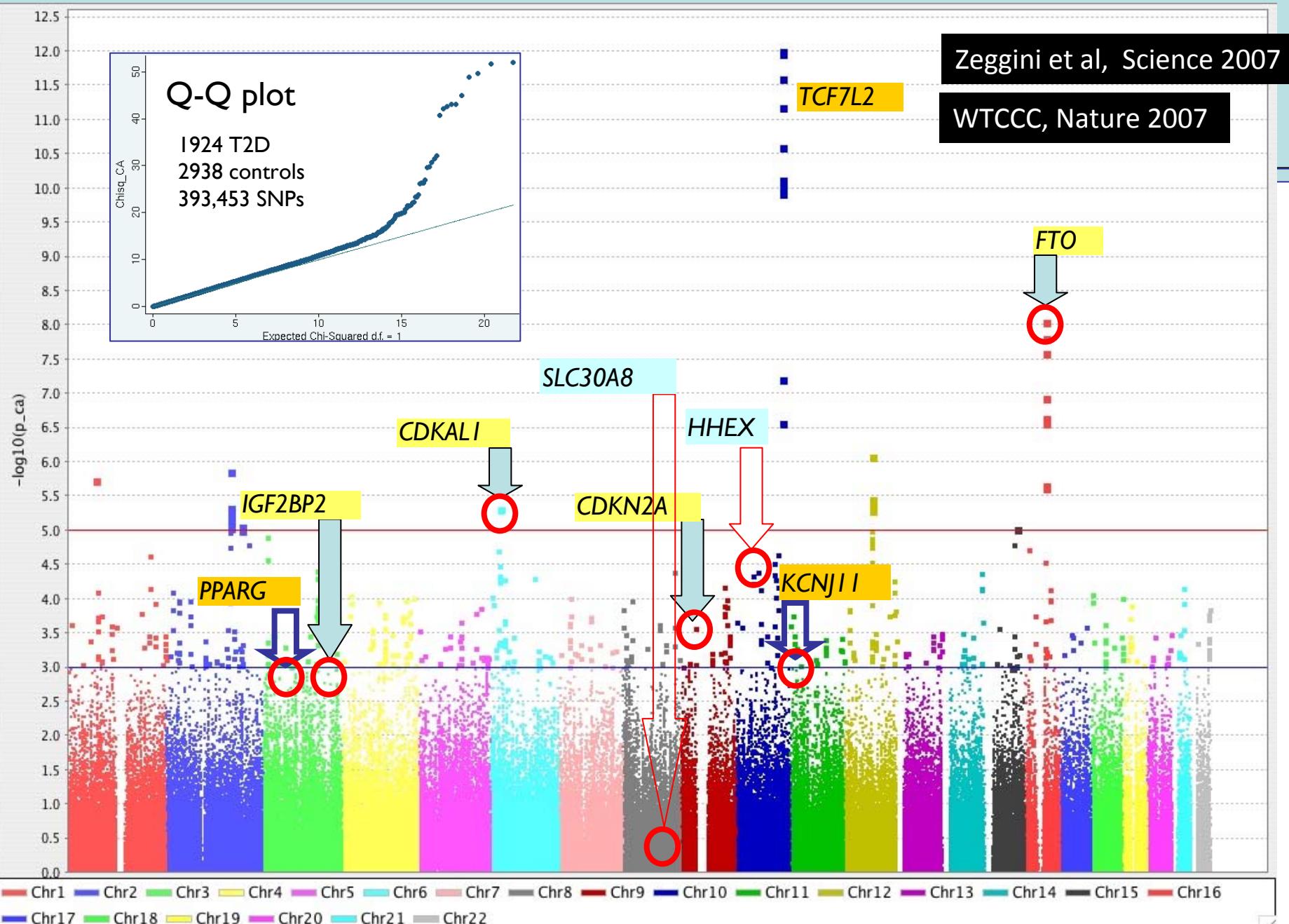
Affymetrix 500k array

WTCCC, Nature 2007

	Cases	Controls	SNPs
UK (WTCCC)	1924	2938	500,000
FUSION	1200	1200	317,000
DGI (Broad/Malmo)	1559	1503	500,000
Total	4600	5600	~5 billion genotypes



Replication in ~20,000 samples



Back to the other T2D genes

Large sample size

		WTCCC 1924 cases 2938 controls		Replication meta-analysis 3757 cases 5346 controls		DGI 6529 cases 7252 controls		FUSION 2376 cases 2432 controls		All Combined 14586 cases 17968 controls	
chr	Region	OR (95% Cis)	P _{add}	OR (95% Cis)	P _{add}	OR (95% Cis)	P _{add}	OR (95% Cis)	P _{add}	OR (95% Cis)	P _{add}
6	<i>CDKAL1</i>	1.20 (1.10-1.31)	2.5x10 ⁻⁵	1.14 (1.07-1.22)	8.4x10 ⁻⁵	1.08 (1.03-1.14)	2.4x10 ⁻³	1.12 (1.03-1.22)	9.5x10 ⁻³	1.12 (1.08,1.16)	4.1x10 ⁻¹¹
10	<i>HHEX</i>	1.22 (1.12-1.33)	5.4x10 ⁻⁶	-	-	1.14 (1.06-1.22)	1.7x10 ⁻⁴	1.10 (1.01-1.19)	0.025	1.13 (1.08-1.17)	5.7x10 ⁻¹⁰
10	<i>HHEX</i>	-	-	1.08 (1.01-1.15)	0.020						
9	<i>CDKN2B</i>	1.22 (1.09-1.37)	7.6x10 ⁻⁴	1.18 (1.08-1.28)	1.7x10 ⁻⁴	1.20 (1.12-1.28)	5.4x10 ⁻⁸	1.20 (1.07-1.36)	2.2x10 ⁻³	1.20 (1.14-1.25)	7.8x10 ⁻¹⁵
9	<i>CDKN2B</i>	1.16 (1.07-1.27)	3.2x10 ⁻⁴	1.12 (1.05-1.19)	8.6x10 ⁻⁴	1.05 (0.94-1.17)	0.5	1.13 (1.01-1.27)	0.039	1.12 (1.07-1.17)	1.2x10 ⁻⁷
3	<i>IGF2BP2</i>	1.15 (1.05-1.25)	1.7x10 ⁻³	1.09 (1.01-1.16)	0.018	1.17 (1.11-1.23)	1.7x10 ⁻⁹	1.18 (1.08-1.28)	2.4x10 ⁻⁴	1.14 (1.11-1.18)	8.6x10 ⁻¹⁶
8	<i>SLC30A8</i>	1.12 (1.02-1.23)	0.020	1.12 (1.04-1.19)	1.2x10 ⁻³	1.07 (1.00-1.16)	0.047	1.18 (1.09-1.29)	7.0x10 ⁻⁵	1.12 (1.07-1.16)	5.3x10 ⁻⁸

Sladek et al, *Nature*

Zeggini et al, *Science*

Wellcome Trust Case Control Consortium, *Nature*

DGI Consortium, *Science*

Scott et al, *Science*

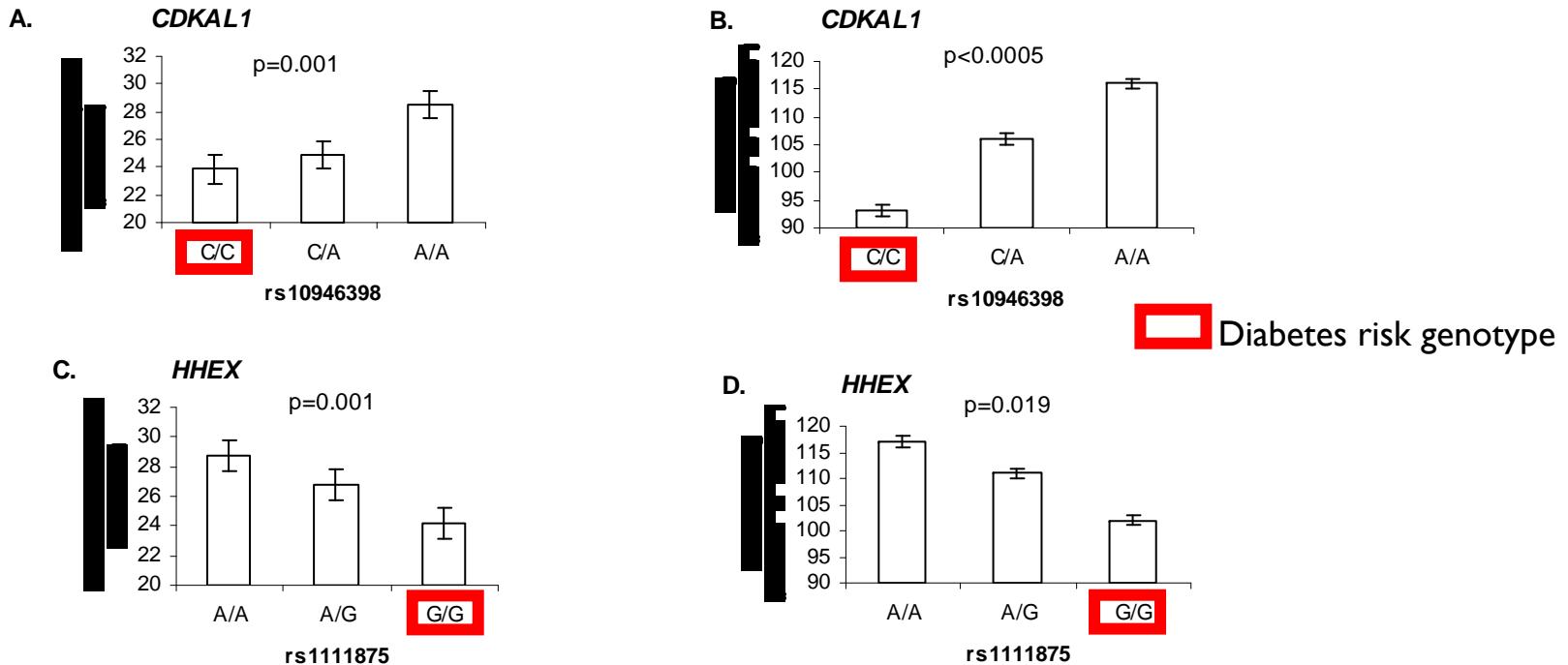
Steinthorsdottir et al, *Nature Genetics*

All Combined
14586 cases
17968 controls

Modest odds ratios

Highly significant

Beta-cell reigns supreme.....

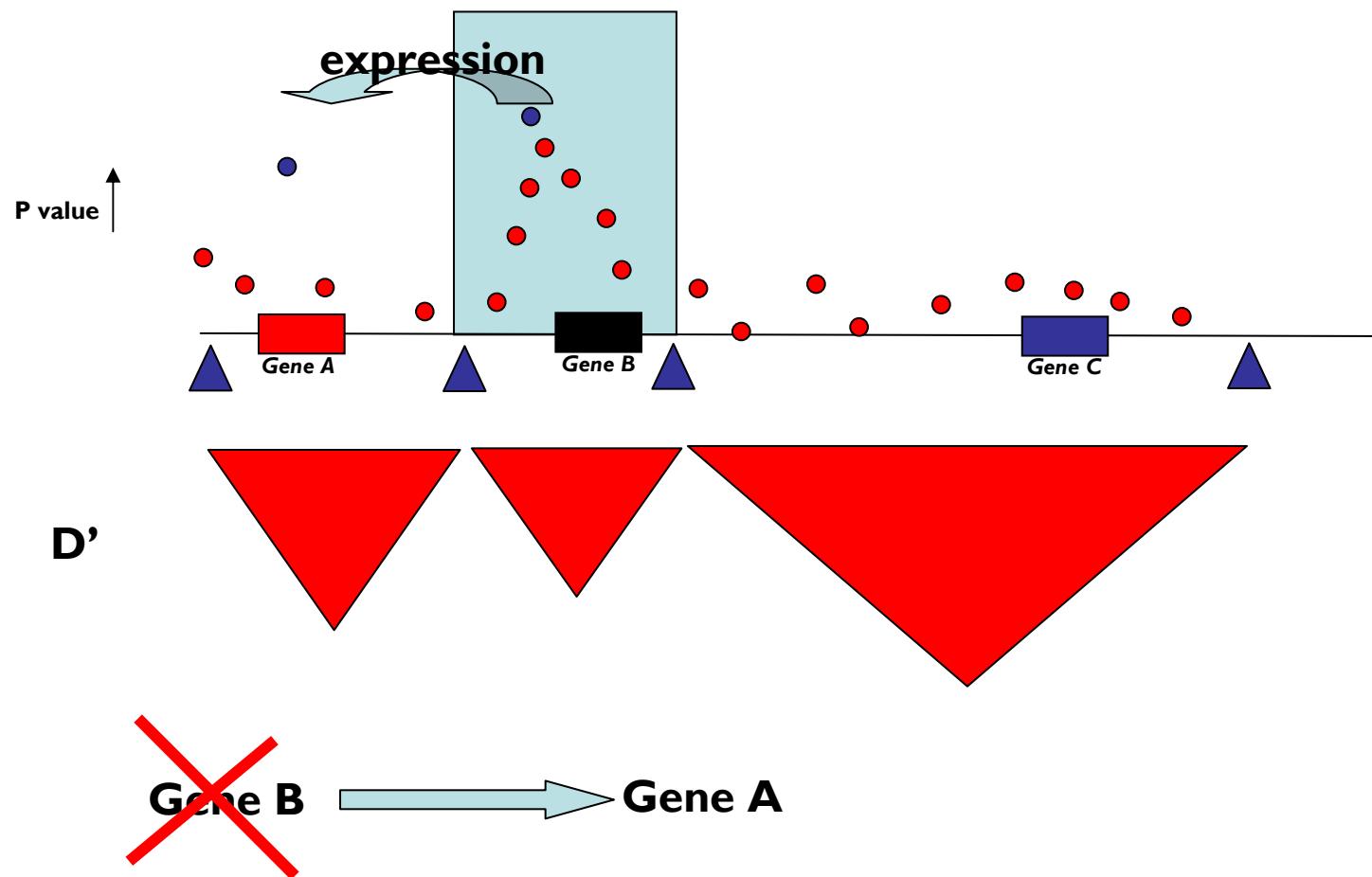


Beta-cell: KCNJ11, TCF7L2, CDKAL1, CDKN2A/B, IGF2BP2, HHEX, SLC30A8, TCF2

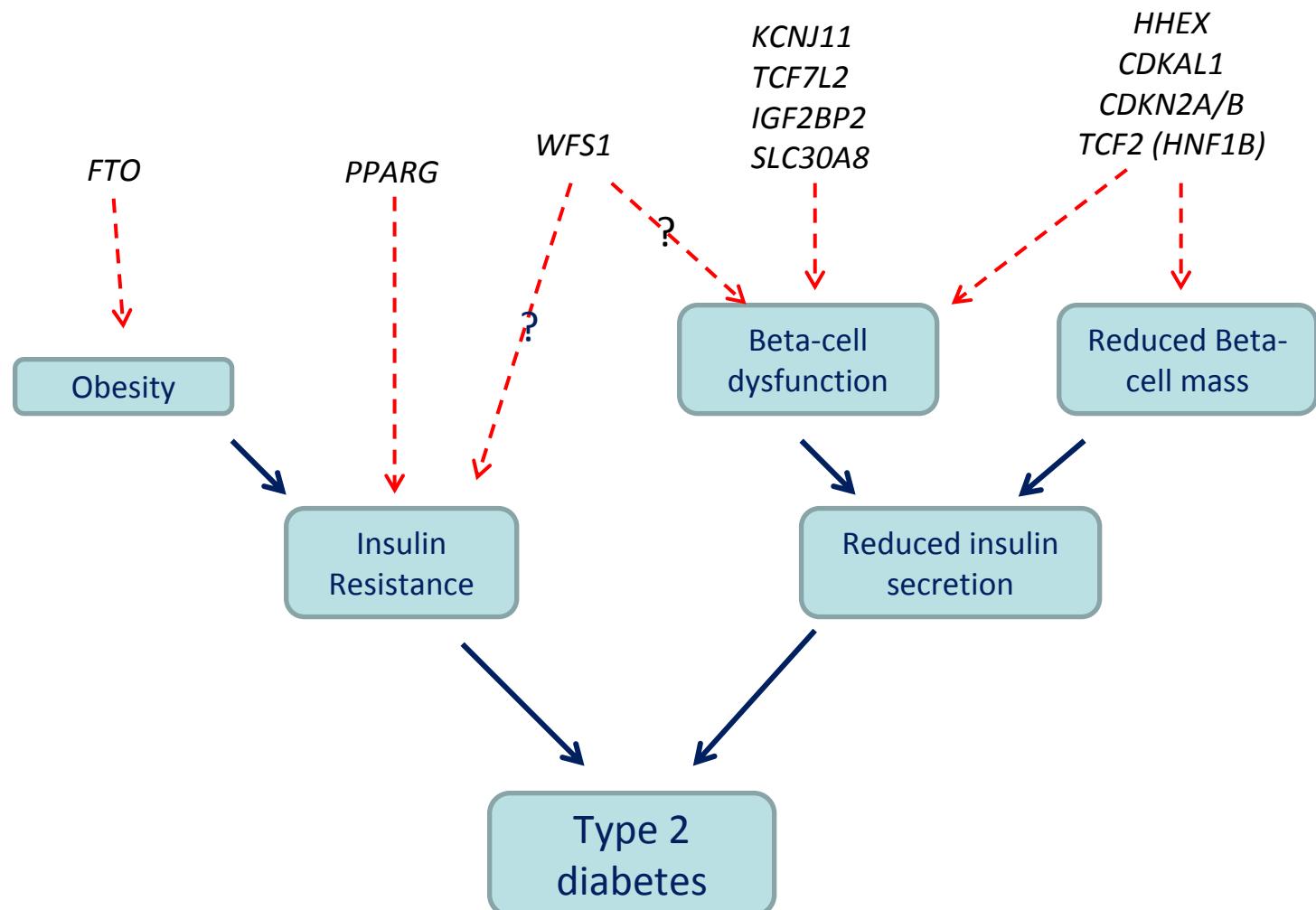
Insulin action: PPARG, FTO, ??WFS1

Pascoe et al, Diabetes, 2007
Grarup et al, Diabetes, 2007

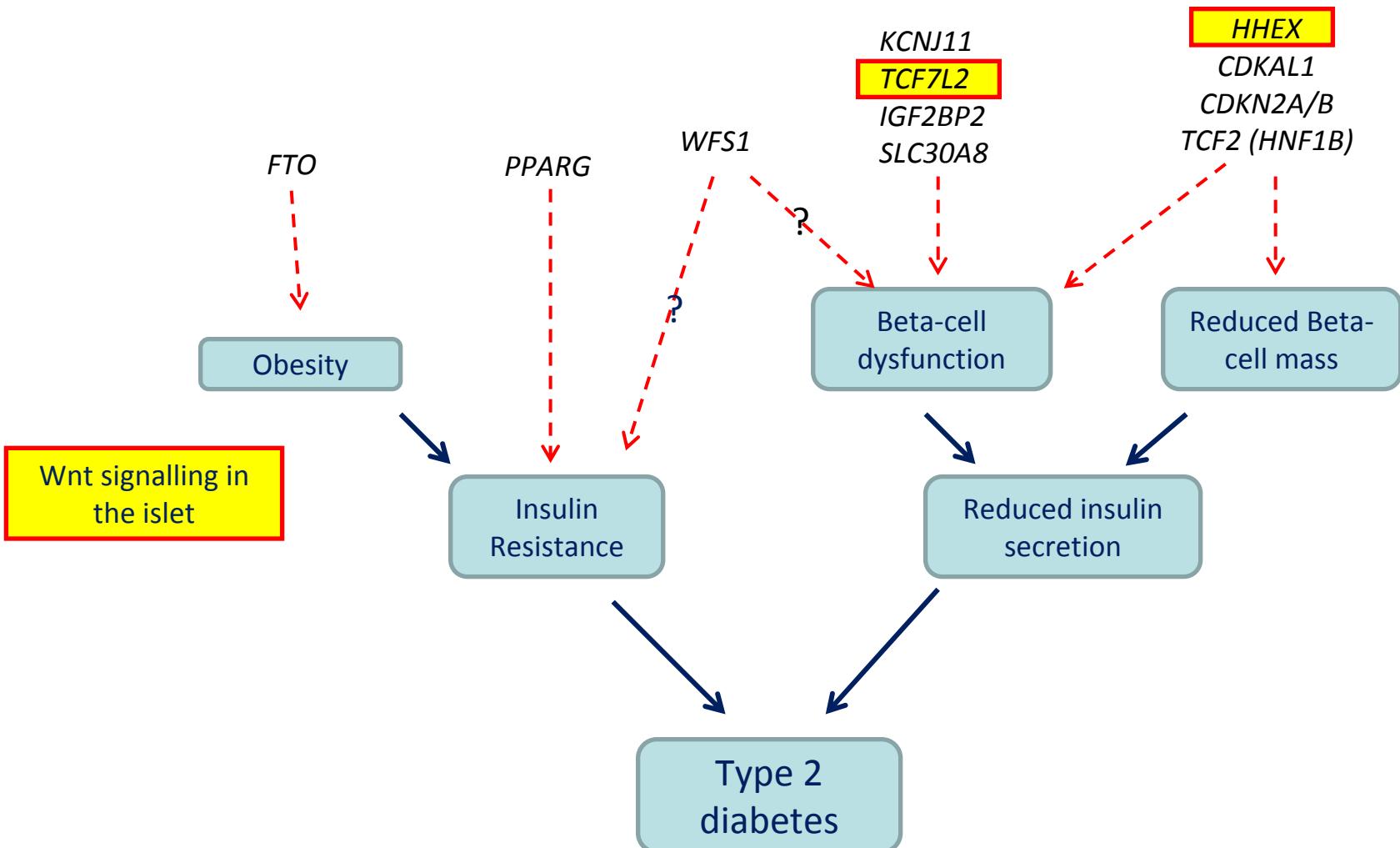
Fine mapping: caution required...



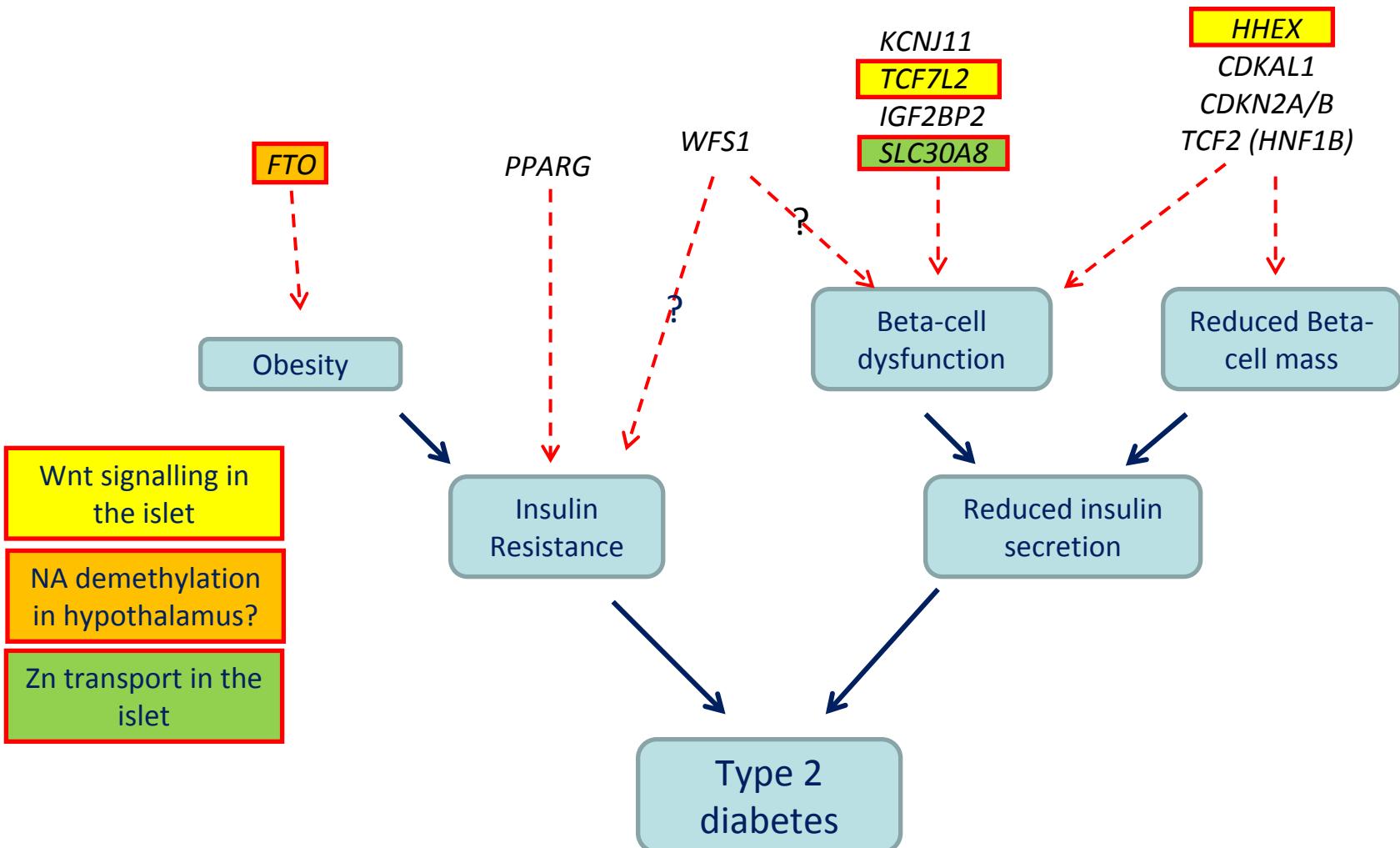
What do they do?



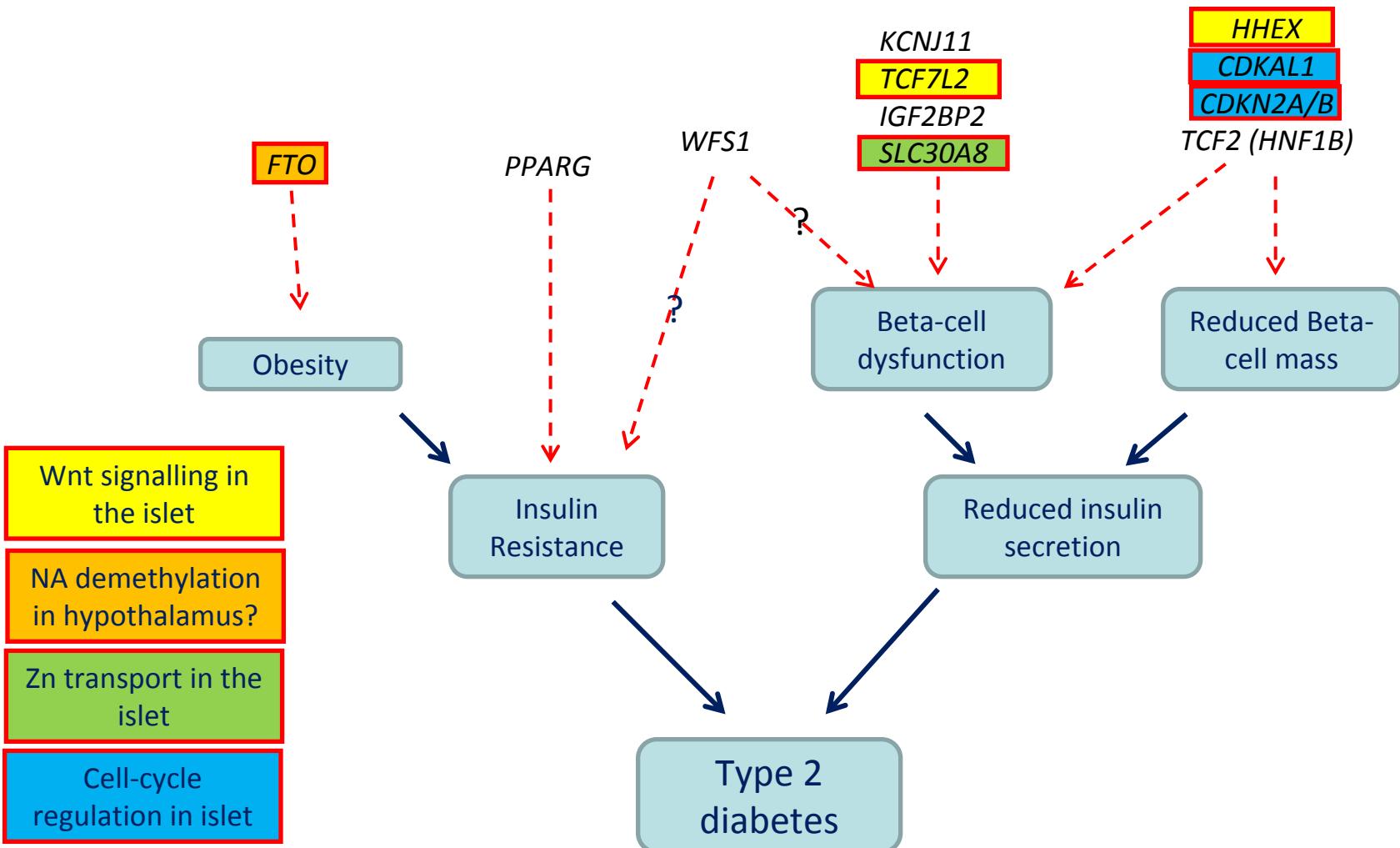
What do they do?



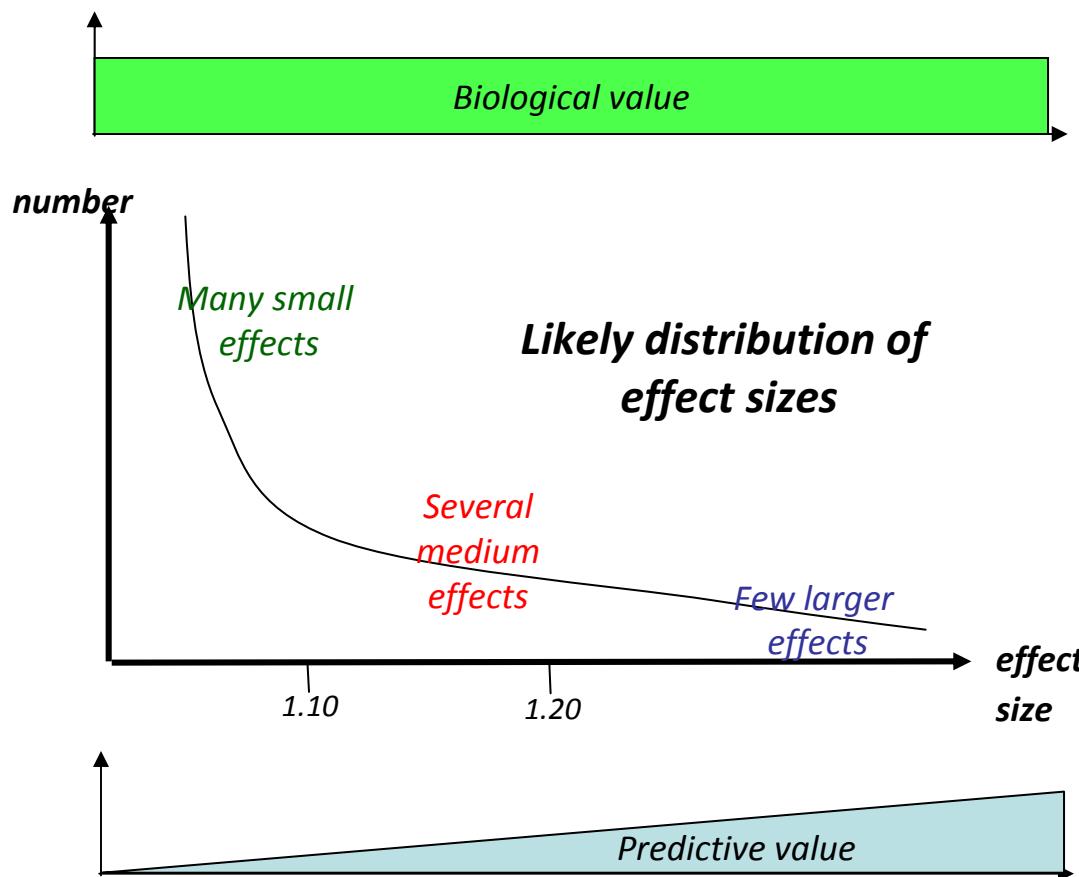
What do they do?



What do they do?



It is worth finding more genes?



Small effects (if true) offer as much biological insight into mechanisms as large effects

More T2D genes....

WTCCC: 2000 cases, 3000 controls

DGI: 1500 cases, 1500 controls

FUSION: 1200 cases, 1200 controls

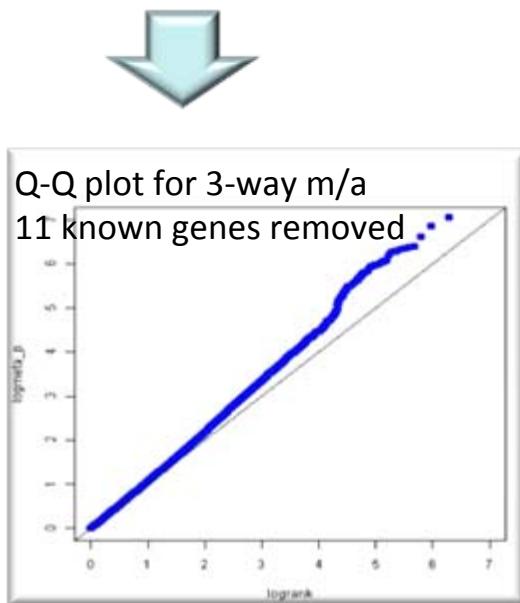
Affymetrix 500k

Affymetrix 500k

Illumina 317k

**IMPUTE
MACH**

~1.9M SNPs
10k+individuals



58 SNPs → 22442 individuals



11 SNPs → 5814 individuals (DECODE)



90,000+ individuals in all



11 SNPs → ~55k individuals (including KORA)



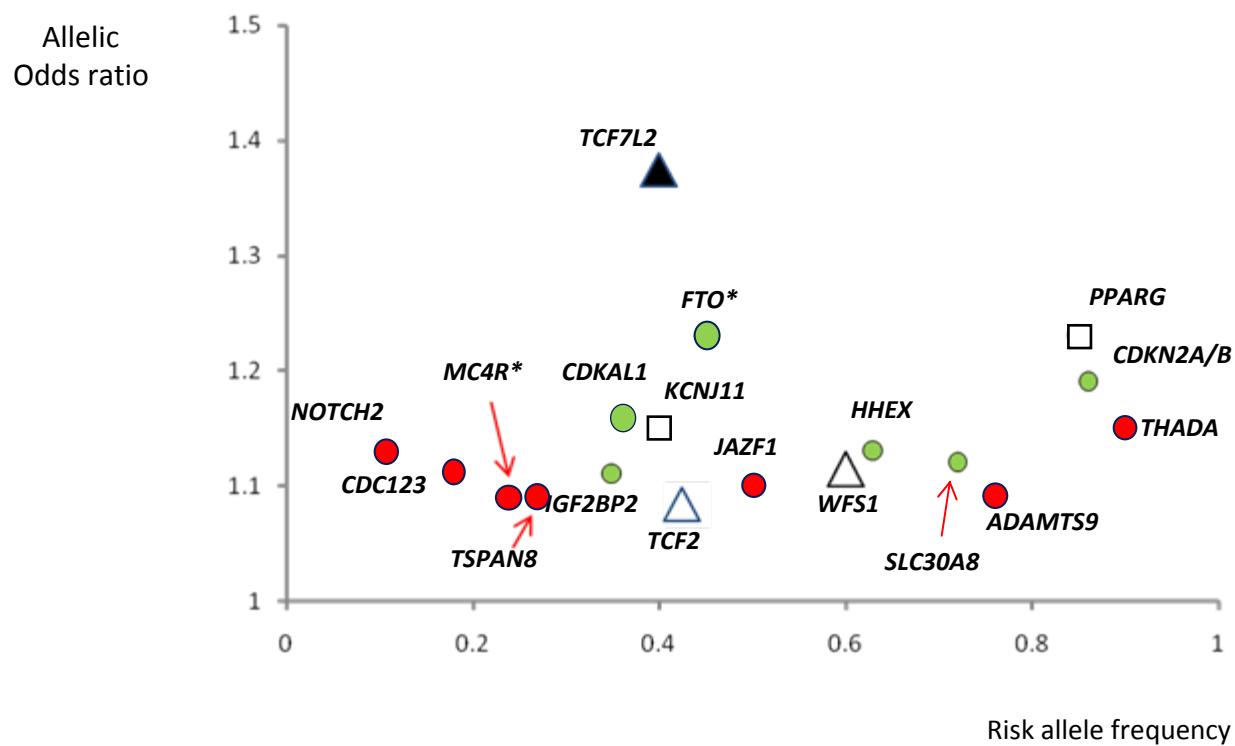
6 definite new genes ($p < 5 \times 10^{-8}$)
T2D genes #12 - 17

Zeggini et al, NG, in press

New T2D genes

Chr	risk allele frequency	nearest gene(s)	Stage 1 (DGI, FUSION, WTCCC)		All data		
			OR (95%CI)	P value	n _{eff}	OR (95%CI)	P value
7	0.501	JAZF1	1.14 (1.07-1.20)	1.5E-04	59,617	1.10 (1.07-1.13)	5.0E-14
10	0.183	CDC123/CAMK1D	1.15 (1.06-1.24)	4.2E-04	62,366	1.11 (1.07-1.14)	1.2E-10
12	0.269	TSPAN8/LGR5	1.18 (1.10-1.26)	1.8E-05	62,301	1.09 (1.06-1.12)	1.1E-09
2	0.902	THADA	1.25 (1.12-1.40)	1.8E-04	60,832	1.15 (1.10-1.20)	1.1E-09
3	0.761	ADAMTS9	1.13 (1.06-1.22)	5.4E-04	62,387	1.09 (1.06-1.12)	1.2E-08
1	0.106	NOTCH2	1.30 (1.17-1.43)	1.1E-04	58,667	1.13 (1.08-1.17)	4.1E-08

Zeggini et al, NG 2008



Keeping count...

Type 1 diabetes

n=11

HLA
INS

CTLA4

IL2
12q24
12q13
PTPN2
KIAA0350

Up to 1995	1996	1997	1998	1999	2000	2001	2002	2003	2004	2005	2006	2007	2008
------------	------	------	------	------	------	------	------	------	------	------	------	------	------

PPARG

KCNJ11

TCF7L2 *HHEX/IDE* *JAZF1*
SLC30A8 *CDC123*
*FTO** *ADAMTS9*
CDKAL1 *THADA*
CDKN2A/B *TSPAN8*
IGF2BP2 *NOTCH2*
WFS1 *MC4R**
TCF2

Type 2 diabetes

N~20

Candidate gene approaches

High throughput LD mapping

Genome wide LD mapping

* Via primary effect on adiposity

Ongoing work

Larger metaanalyses
Other ethnic groups
Deeper replication
Functional “overlay”

More SNP signals

Global CNV screens
Resequencing
Rare-signal mining
Epi-SNPs

Other signals

Resequencing
Fine map genotyping
Multiple ethnic groups

Causal variants

Translation

Functional

Epidemiology – joint effects
Prediction
New biology
New drugs

Cellular studies
Animal models
Integrative physiology
Systems biology

Type 2 diabetes genes...

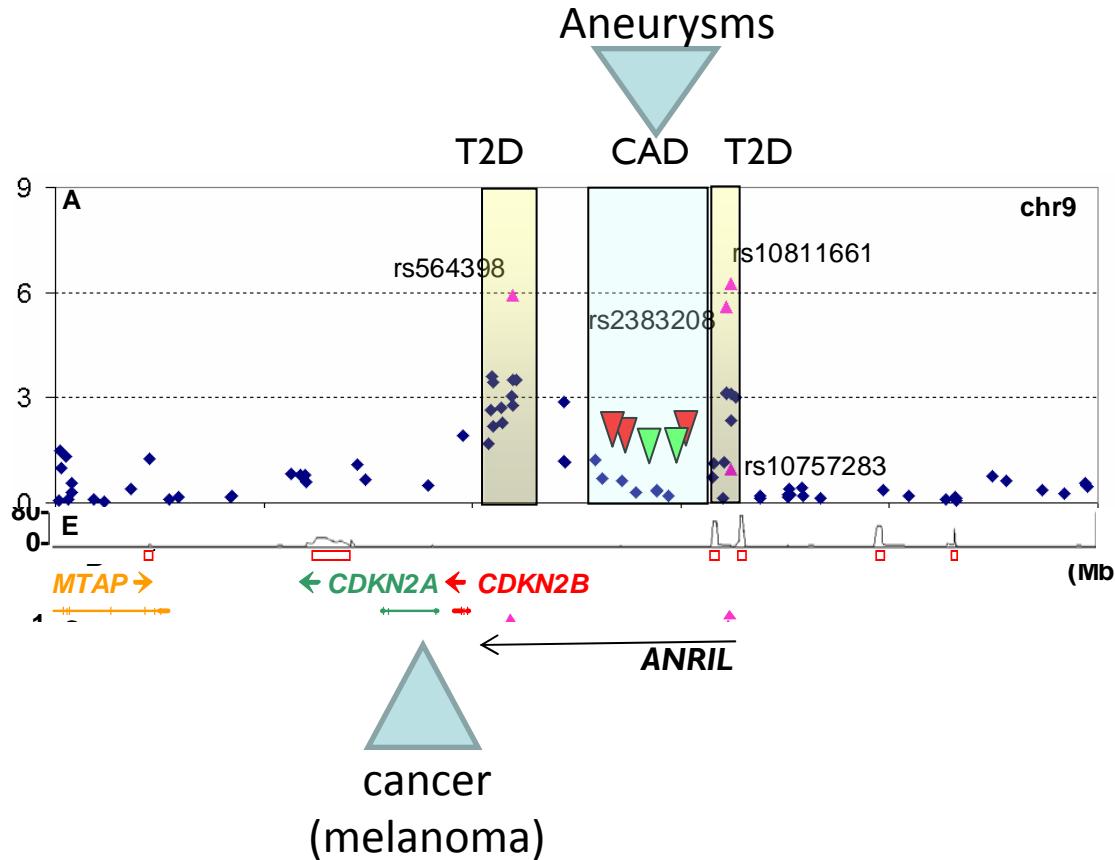
... and cancer

(PLEIOTROPY)

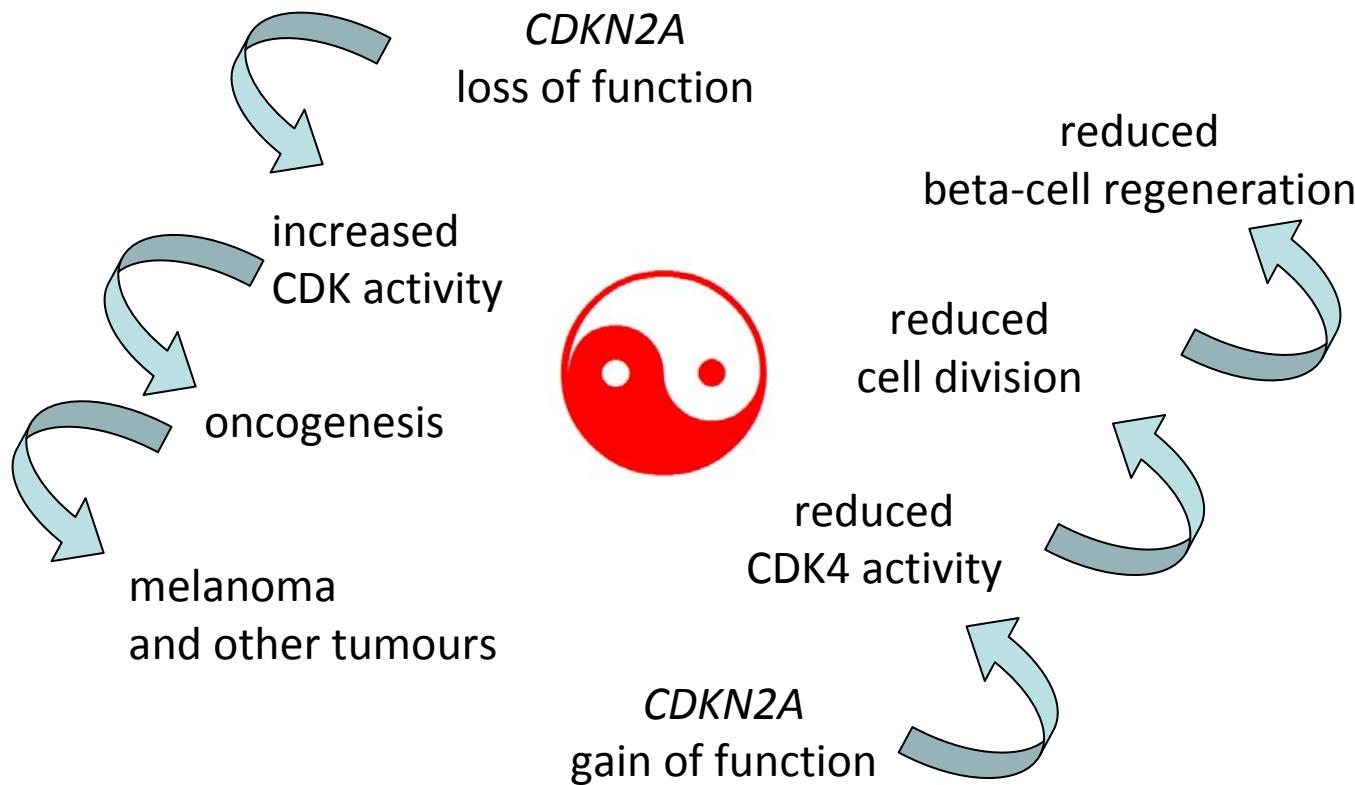
... and birthweight

(COMPLEXITY; NON-LINEARITY)

T2D and coronary artery disease signals..



The yin and yang of diabetes and cancer



Cancer and diabetes

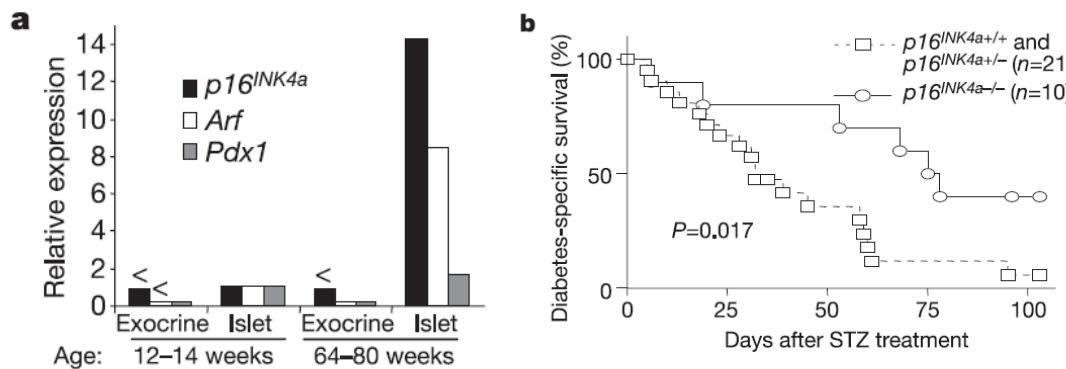
Vol 443 | 28 September 2006 | doi:10.1038/nature05092

nature

LETTERS

p16^{INK4a} induces an age-dependent decline in islet regenerative potential

Janakiraman Krishnamurthy¹, Matthew R. Ramsey¹, Keith L. Ligon², Chad Torrice¹, Angela Koh³, Susan Bonner-Weir³ & Norman E. Sharpless¹



Cdkn2a expression in islet increases with age (effector of senescence)

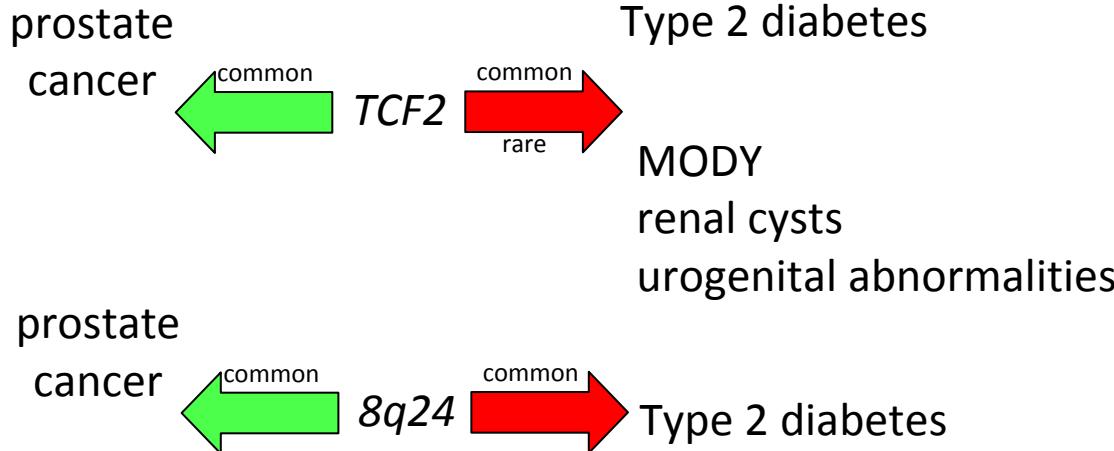
Cdkn2a knockouts – enhanced islet survival

Cdkn2a overexpression/*Cdk4* knockouts → reduced islet regeneration, islet hypoplasia, T2D

Pleiotropy

Two variants on chromosome 17 confer prostate cancer risk, and the one in *TCF2* protects against type 2 diabetes

Nature Publishing Group <http://www.nature.com/naturegenetics>
Julius Gudmundsson^{1,30}, Patrick Sulem^{1,30}, Valgerdur Steinthorsdottir¹, Jon T Bergthorsson¹,
Gudmar Thorleifsson¹, Andrei Manolescu¹, Thorunn Rafnar¹, Daniel Gudbjartsson¹, Bjarni A Agnarsson²,
Adam Baker¹, Asgeir Sigurdsson¹, Kristrun R Benediktsdottir², Margret Jakobsdottir¹, Thorarin Blondal¹,
Simon N Stacey¹, Agnar Helgason¹, Steinunn Gunnarsdottir¹, Adalheidur Olafsdottir¹, Kari T Kristinsson¹,
Birgitta Birgisdottir¹, Shyamali Ghosh¹, Steinunn Thorlacius¹, Dana Magnusdottir¹, Gerdur Stefansdottir¹,
Kristleifur Kristjansson¹, Yu Bagher³, Robert L Wilensky⁴, Muredach P Reilly⁴, Andrew D Morris⁵,
Charlotte H Kimber⁶, Adebowale Adeyemo⁷, Yuanxiu Chen⁷, Jie Zhou⁷, Wing-Yee So⁸, Peter C Y Tong⁸,
Maggie C Y Ng⁸, Torben Hansen⁹, Gitte Andersen⁹, Knut Borch-Johnsen⁹⁻¹¹, Torben Jorgensen¹¹,
Alejandro Tres^{12,13}, Fernando Fuertes¹⁴, Manuel Ruiz-Echarri¹², Laura Asin¹³, Berta Saez¹³, Erica van Boven¹⁵,
Siem Klaver¹⁶, Dorine W Swinkels¹⁶, Katja K Aben¹⁷, Theresa Graif¹⁸, John Cashy¹⁸, Brian K Suarez¹⁹,
Onco van Viersen Trip²⁰, Michael L Frigge¹, Carole Ober²¹, Marten H Hofker^{22,23}, Cisca Wijmenga^{24,25},
Claus Christiansen³, Daniel J Rader⁴, Colin N A Palmer⁶, Charles Rotimi⁷, Juliana C N Chan⁸,
Oluf Pedersen^{9,10}, Gunnar Sigurdsson^{26,27}, Rafn Benediktsson^{26,27}, Eirikur Jonsson²⁸,
Gudmundur V Einarsson²⁸, Jose I Mayordomo^{12,13}, William J Catalona¹⁸, Lambertus A Kiemeney²⁹,
Rosa B Barkardottir², Jeffrey R Gulcher¹, Unnur Thorsteinsdottir¹, Augustine Kong¹ & Kari Stefansson¹



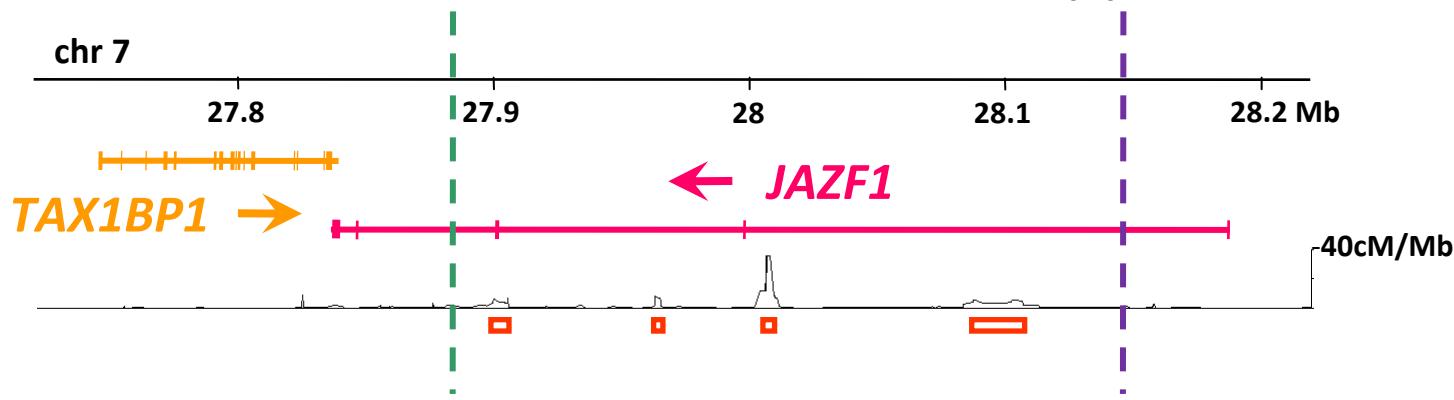
Evaluation of Common Variants in the Six Known Maturity-Onset Diabetes of the Young (MODY) Genes for Association With Type 2 Diabetes

Wendy Winckler,^{1,2,3} Michael N. Weedon,⁴ Robert R. Graham,^{1,2,3} Steven A. McCarroll,^{1,2,3}
Shaun Purcell,³ Peter Almgren,⁵ Tiina-Maija Tuomi,^{6,7} Daniel Gaudet,⁸ Kristina Bengtsson Boström,⁹
Mark Walker,¹⁰ Graham Hitman,¹¹ Andrew T. Hattersley,⁴ Mark I. McCarthy,¹² Kristin G. Ardlie,¹³
Joel N. Hirschhorn,^{2,3,14} Mark J. Daly,³ Timothy M. Frayling,⁴ Leif Groop,⁵
and David Altshuler^{1,2,3,15,16}

JAZF1

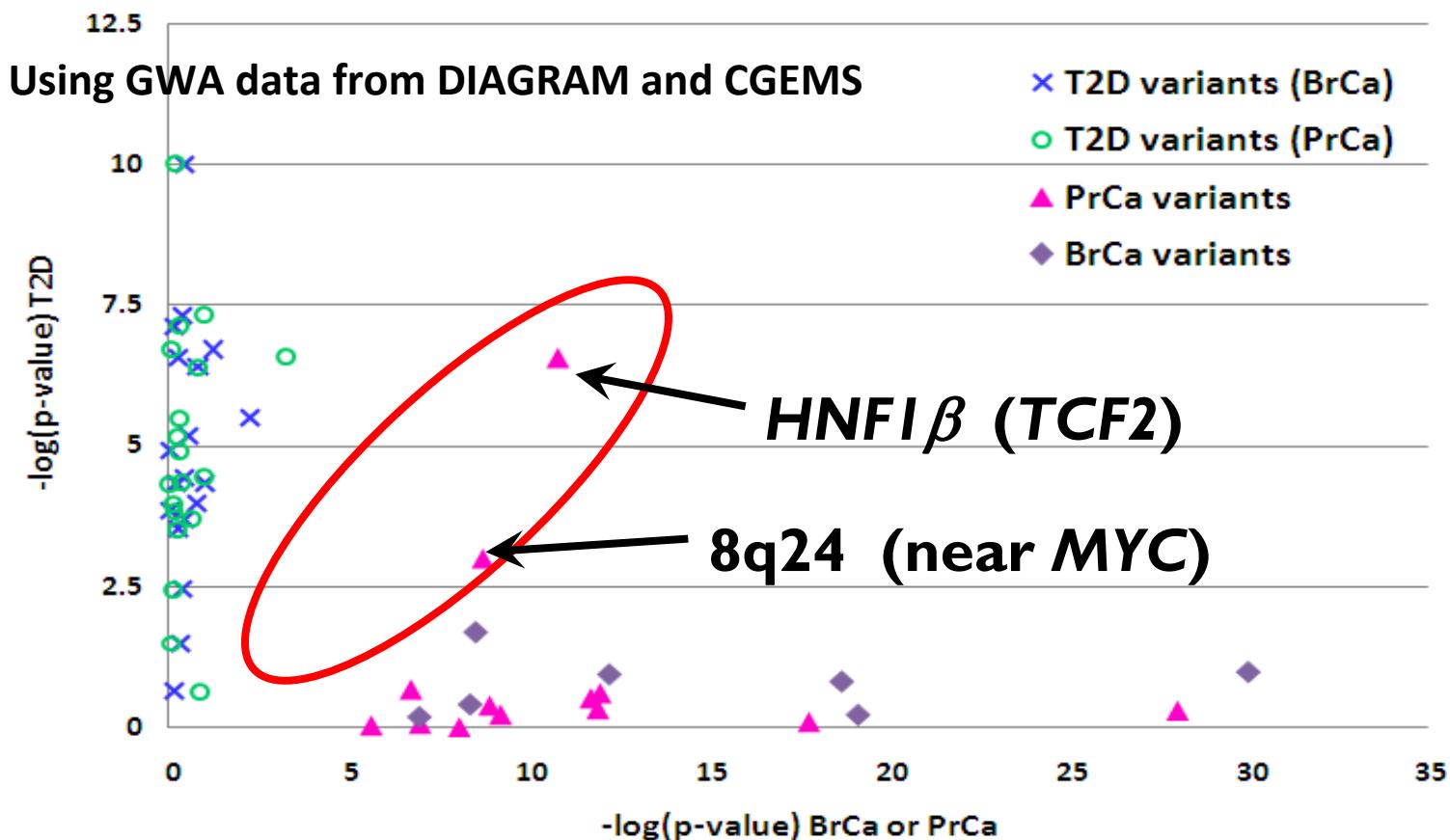
Zeggini *et al.*, Nat Gen 2008

T2D risk
rs864745(T)
OR = 1.26
(95%CI:1.17-1.34)
 $p = 2.14 \times 10^{-6}$



Thomas *et al.*, Nat Gen 2008

T2D vs Ca associations at proven variants



Birthweight

Non-genetic explanations

Fetal origins hypothesis

Low BW – diabetes risk

Diabetic uterus effect

High BW – diabetes risk

Altered birth weight

Genetic explanations

alters early growth

Genetic variant

affects diabetes risk

T2D risk

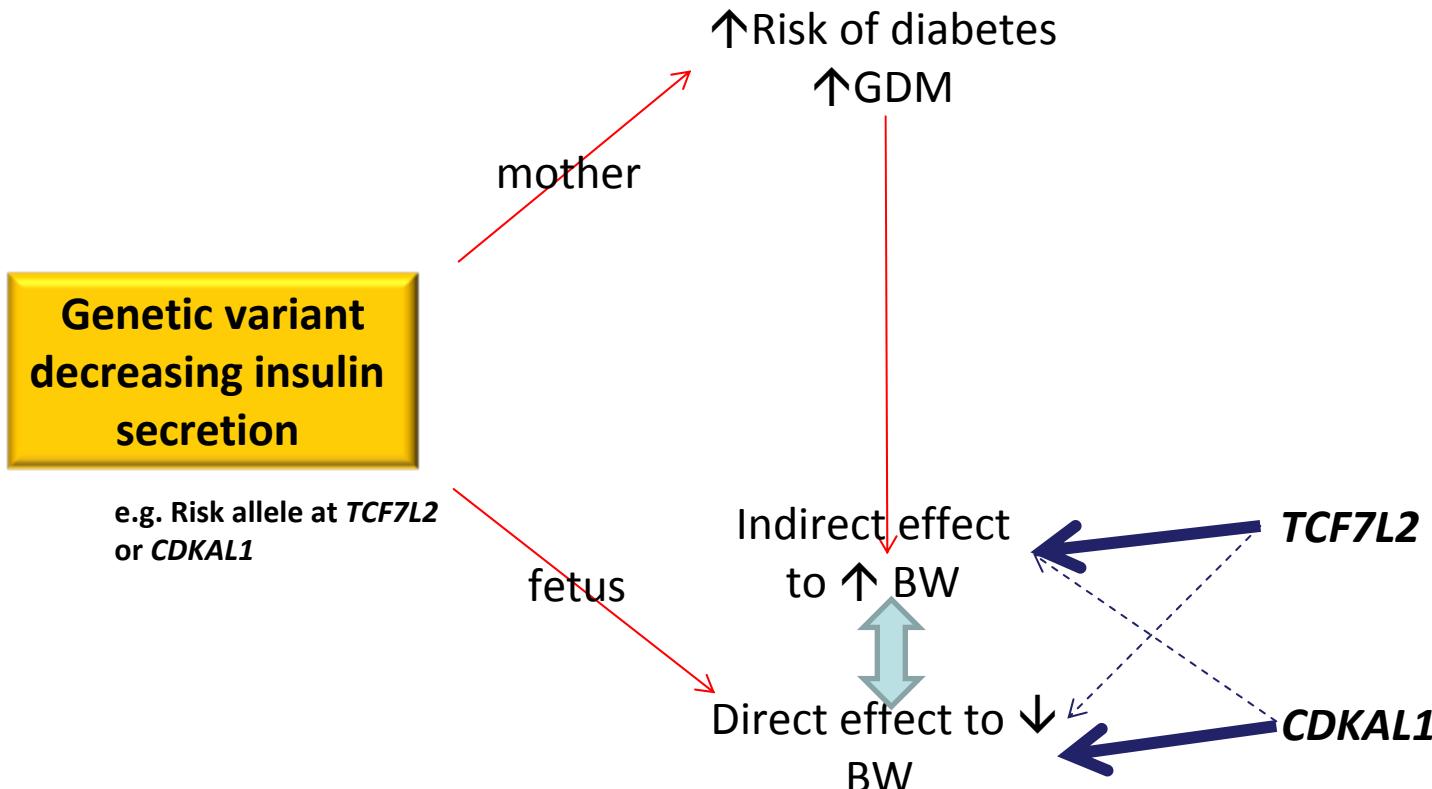
Genes influencing insulin secretion are particularly good candidates for such a shared role

Glucokinase = proof of principle

Variable effect on birthweight

- *TCF7L2* diabetes risk allele → increased BW
(Freathy et al, AJHG 2007)
- *CDKAL1* diabetes risk allele → decreased BW
(Freathy et al, submitted)
- Other diabetes risk alleles → no effect on BW

What's going on?



Direction of effect on BW is a “bioassay” of the timing of the beta-cell defect

Continuous glycemic traits

MAGIC consortium



GWA based discovery in ~50,000

DeCODE genetics

Northern Finland Birth Cohort 1966

Netherlands Twin Resource/NESDA

Rotterdam cohort

KORA

EUROSPAN, Sorbs

CoLaus

Twins UK

Framingham Heart Study

Diabetes Genetics Initiative

FUSION

SardiNIA

Baltimore Study of Ageing (BLSA)

CHS

Inchianti

Procardis

GEMS

Finrisk 2007

Health 2000

BWHHS

Segovia

Caerphilly

Twins UK

Oxford Biobank

Neth Twin Resource

GHRAS

GENDAI

Ely

Fenland

EYHS

FUSION

METSIM

DIAGEN

PIVUS

ULSAM

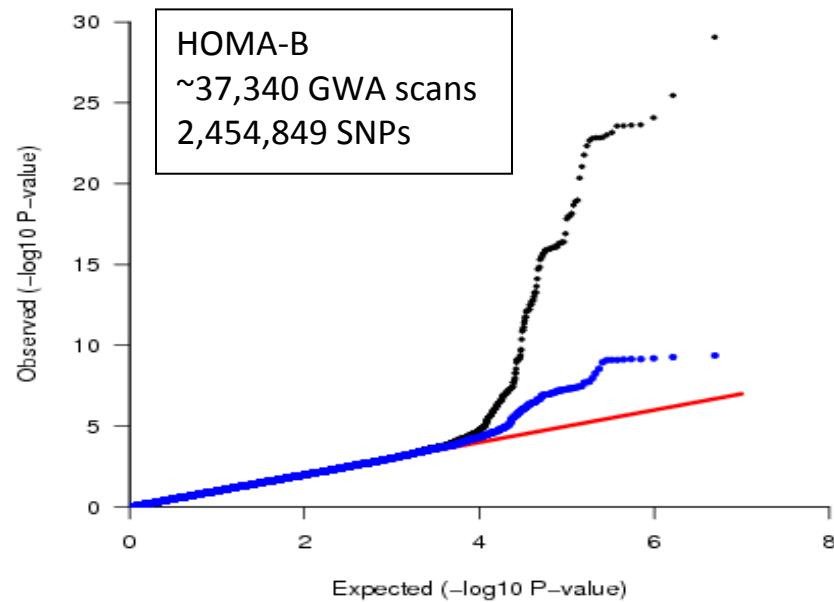
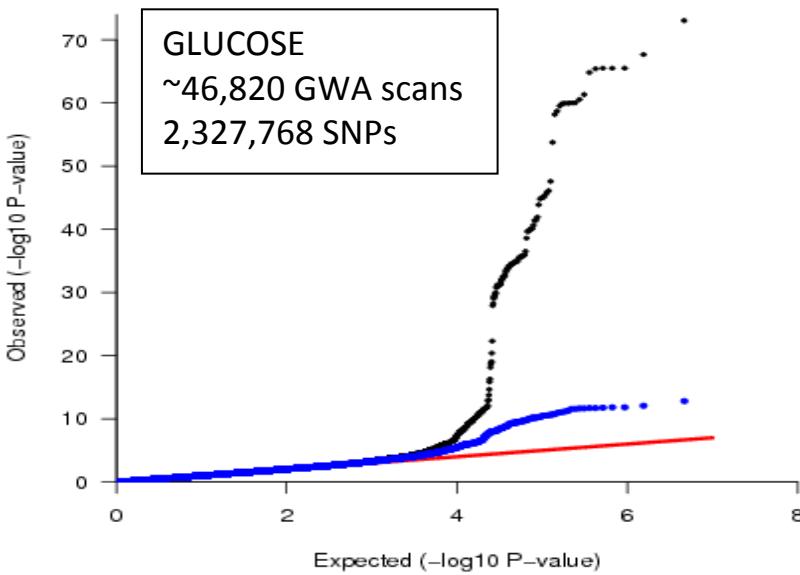
DARTS

NFBC86

DESIR

Replication studies in ~70,000

More MAGIC



Physiology and pathology

PHYSIOLOGICAL
VARIATION IN THE
FASTING GLUCOSE SETPOINT

GCK
GKRP
G6PC2

Little or no effect on T2D risk

vs

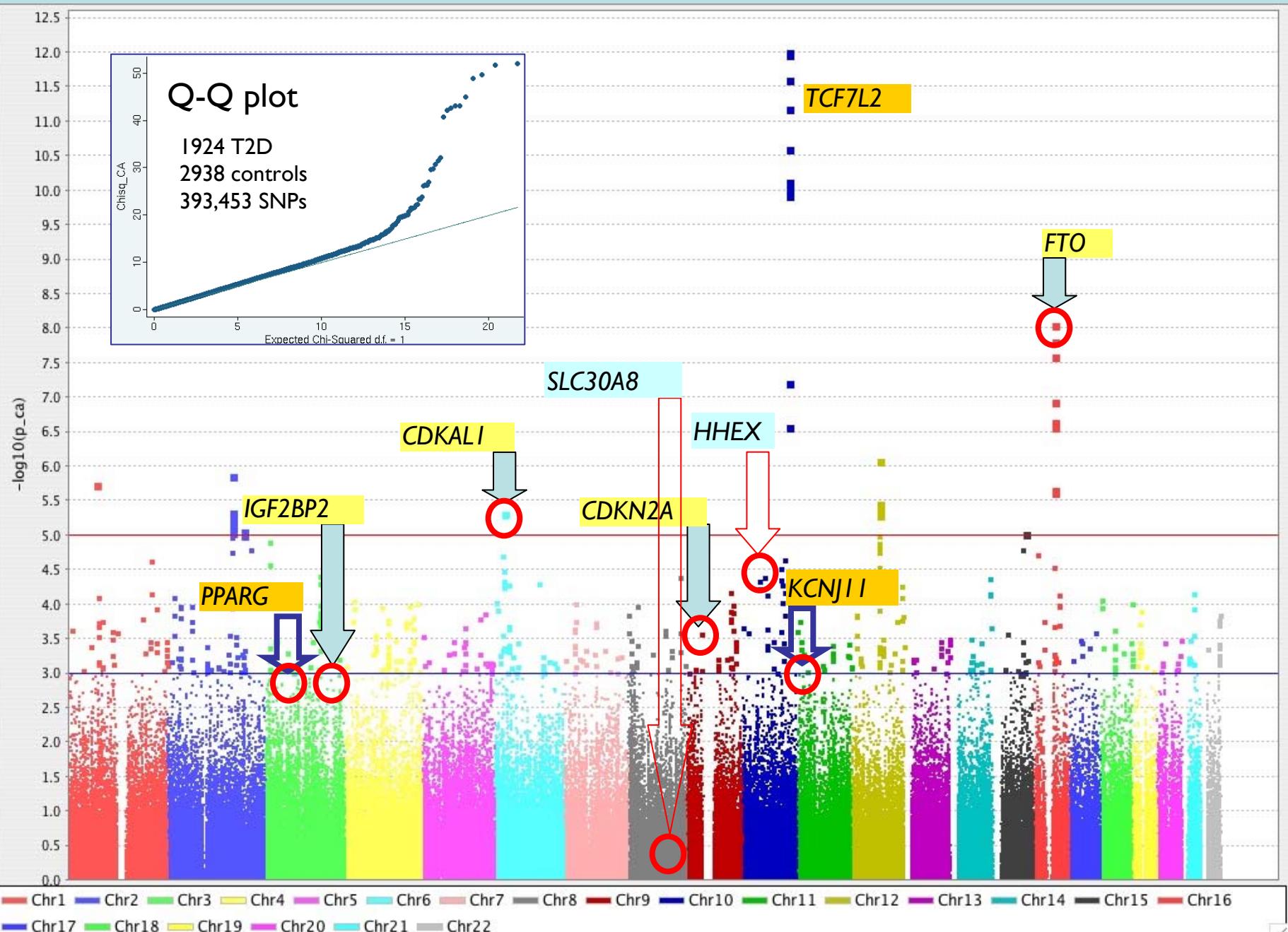
PATHOLOGICAL
VARIATION IN THE
BETA-CELL RESPONSE
TO INSULIN RESISTANCE

CDKN2A
CDKAL1
HHEX
JAZF1
THADA
....

Little or no effect on fasting glucose
levels (provided subclinical T2D excluded)

Except *MTNR1B*

Weight, adiposity and obesity



A Common Variant in the *FTO* Gene Is Associated with Body Mass Index and Predisposes to Childhood and Adult Obesity

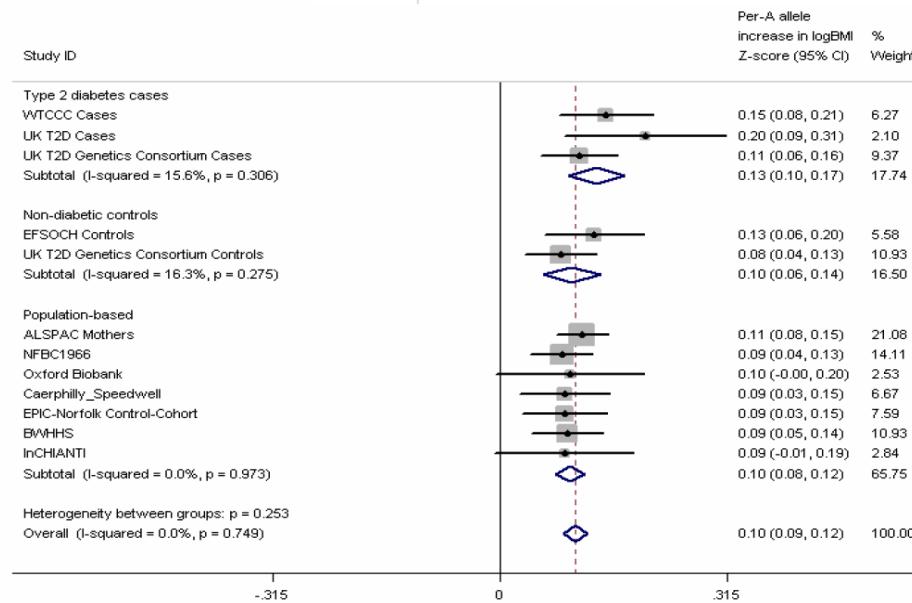
Timothy M. Frayling,^{1,2*} Nicholas J. Timpson,^{3,4*} Michael N. Weedon,^{1,2*} Eleftheria Zeggini,^{3,5*} Rachel M. Freathy,^{1,2} Cecilia M. Lindgren,^{3,5} John R. B. Perry,^{1,2} Katherine S. Elliott,³ Hana Lango,^{1,2} Nigel W. Rayner,^{3,5} Beverley Shields,² Lorna W. Harries,² Jeffrey C. Barrett,³ Sian Ellard,^{2,6} Christopher J. Groves,⁵ Bridget Knight,² Ann-Marie Patch,^{2,6} Andrew R. Ness,⁷ Shah Ebrahim,⁸ Debbie A. Lawlor,⁹ Susan M. Ring,⁹ Yoav Ben-Shlomo,⁹ Marjo-Riitta Jarvelin,^{10,11} Ulla Sovio,^{10,11} Amanda J. Bennett,⁵ David Melzer,^{1,12} Luigi Ferrucci,¹³ Ruth J. F. Loos,¹⁴ Inês Barroso,¹⁵ Nicholas J. Wareham,¹⁴ Fredrik Karpe,⁵ Katharine R. Owen,⁵ Lon R. Cardon,³ Mark Walker,¹⁶ Graham A. Hitman,¹⁷ Colin N. A. Palmer,¹⁸ Alex S. F. Doney,¹⁹ Andrew D. Morris,¹⁹ George Davey-Smith,⁴ The Wellcome Trust Case Control Consortium,²⁰ Andrew T. Hattersley,^{1,2†‡} Mark I. McCarthy^{3,5†}

30,081 adults
from 13 studies

$P=3 \times 10^{-35}$

Frayling et al, Science 2007

***FTO* variants
influence adult weight**



16% of the population who are homozygous for risk allele ~2-3kg heavier

Independent discoveries subsequently reported by French and US groups

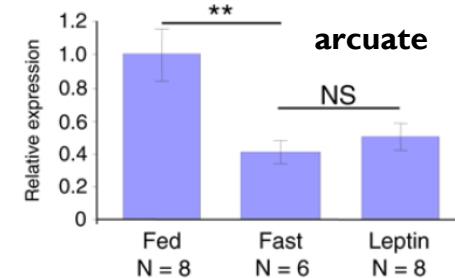
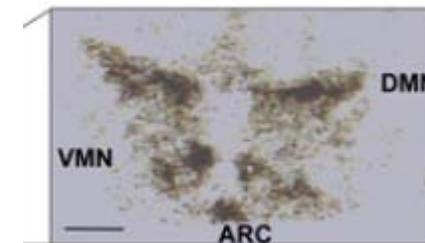
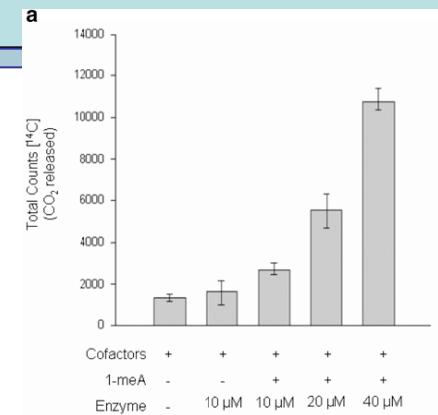
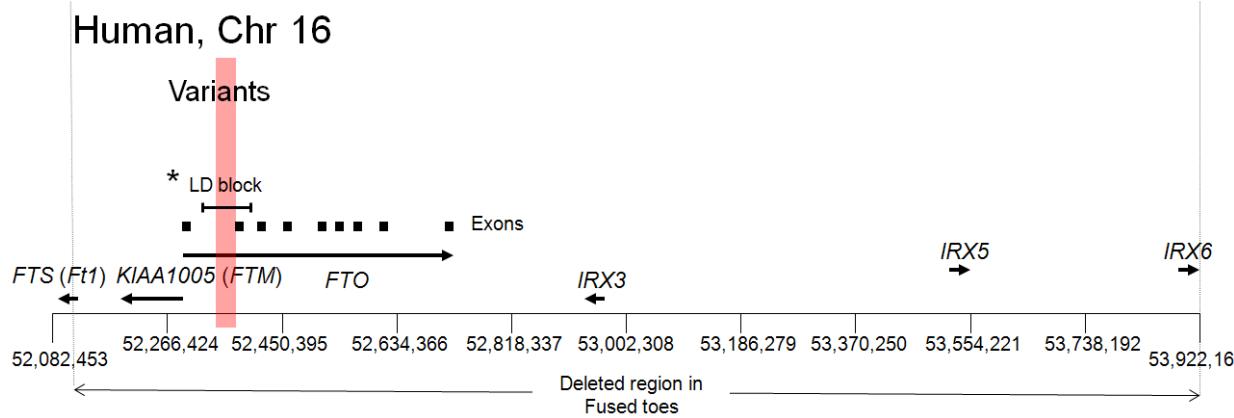
Clues to what *FTO* does

Scienceexpress

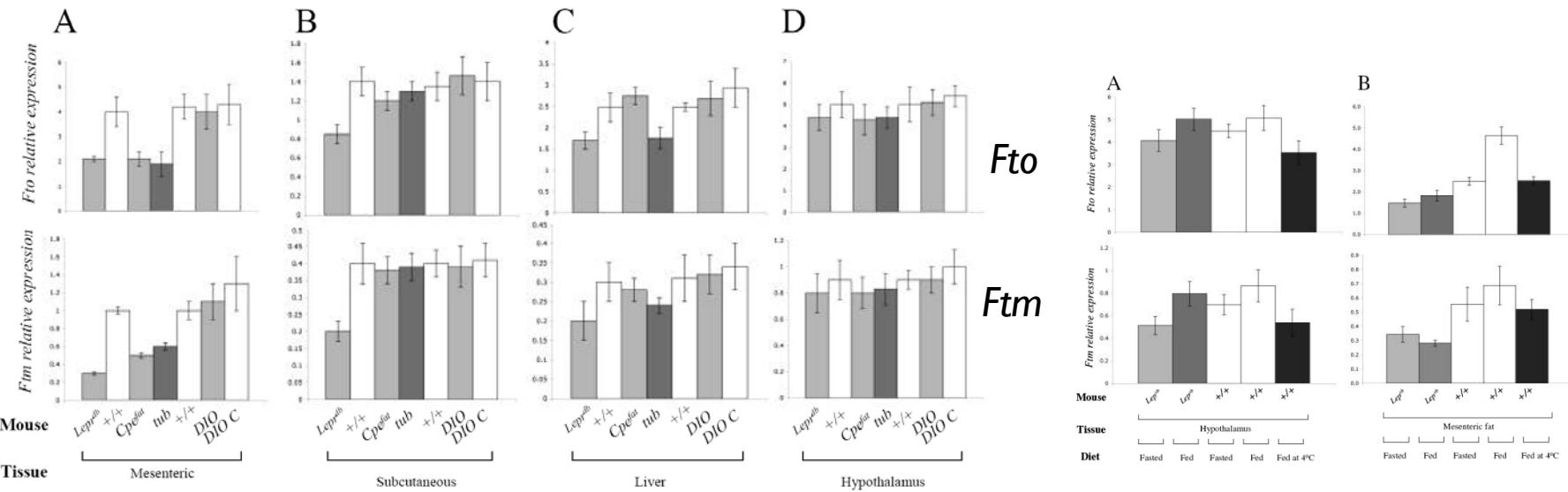
Report

The Obesity-Associated *FTO* Gene Encodes a 2-Oxoglutarate-Dependent Nucleic Acid Demethylase

Thomas Gerken,¹ Christophe A. Girard,^{2,9} Yi-Chun Loraine Tung,^{3,9} Celia J. Webby,^{1,10} Vladimir Saudek,^{3,10} Kirsty S. Hewitson,^{1,4,10} Giles S. H. Yeo,^{3,10} Michael A. McDonough,^{1,10} Sharan Cunliffe,^{4,10} Luke A. McNeill,^{1,3,10} Juris Galvanovskis,^{5,10} Patrik Rorsman,⁵ Peter Robins,⁶ Xavier Prieur,³ Anthony P. Coll,³ Marcella Ma,³ Zorica Jovanovic,³ I. Sadaf Farooqi,³ Barbara Sedgwick,⁶ Inês Barroso,⁷ Tomas Lindahl,⁶ Chris P. Ponting,^{8,11,12*} Frances M. Ashcroft,^{2,11,12*} Stephen O'Rahilly,^{3,12*} Christopher J. Schofield^{1,11,12*}

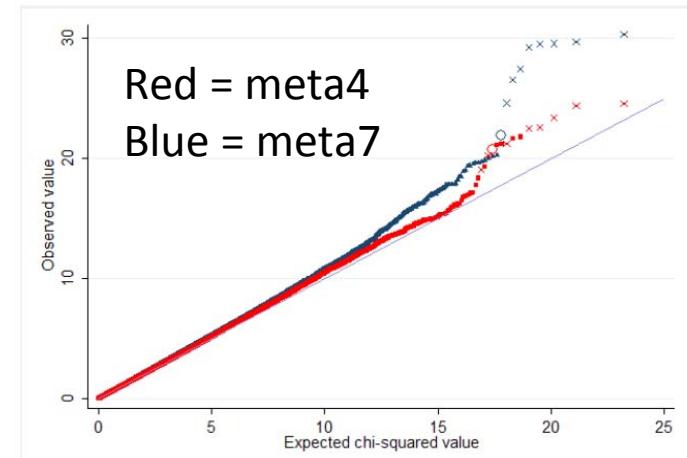
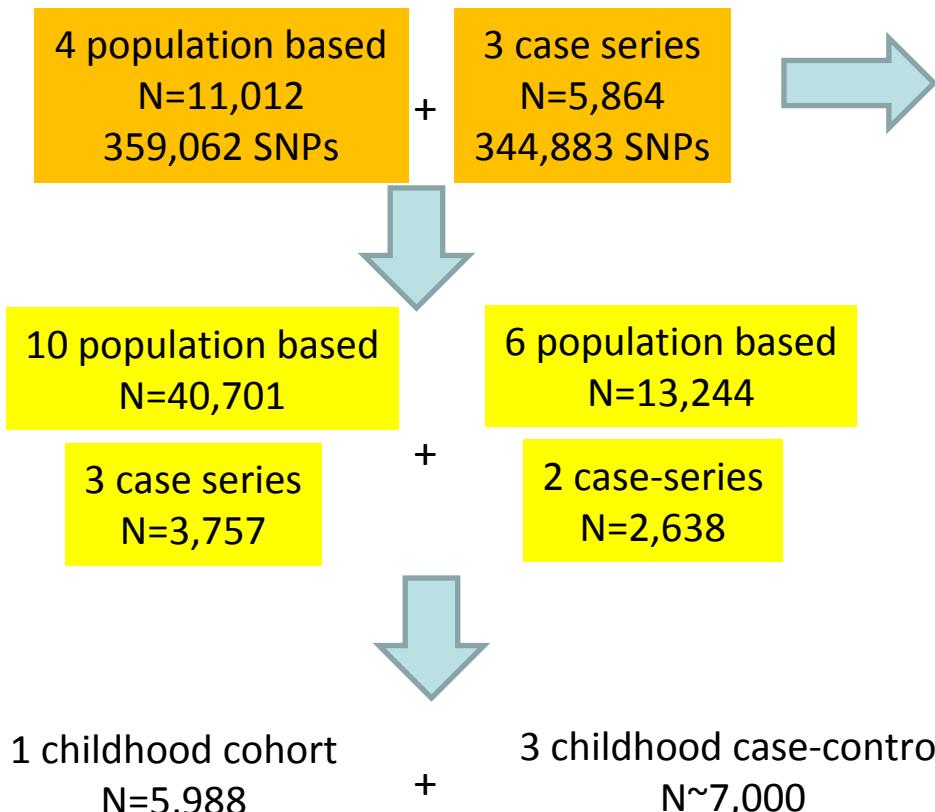


Fto and *Ftm* are coordinately regulated



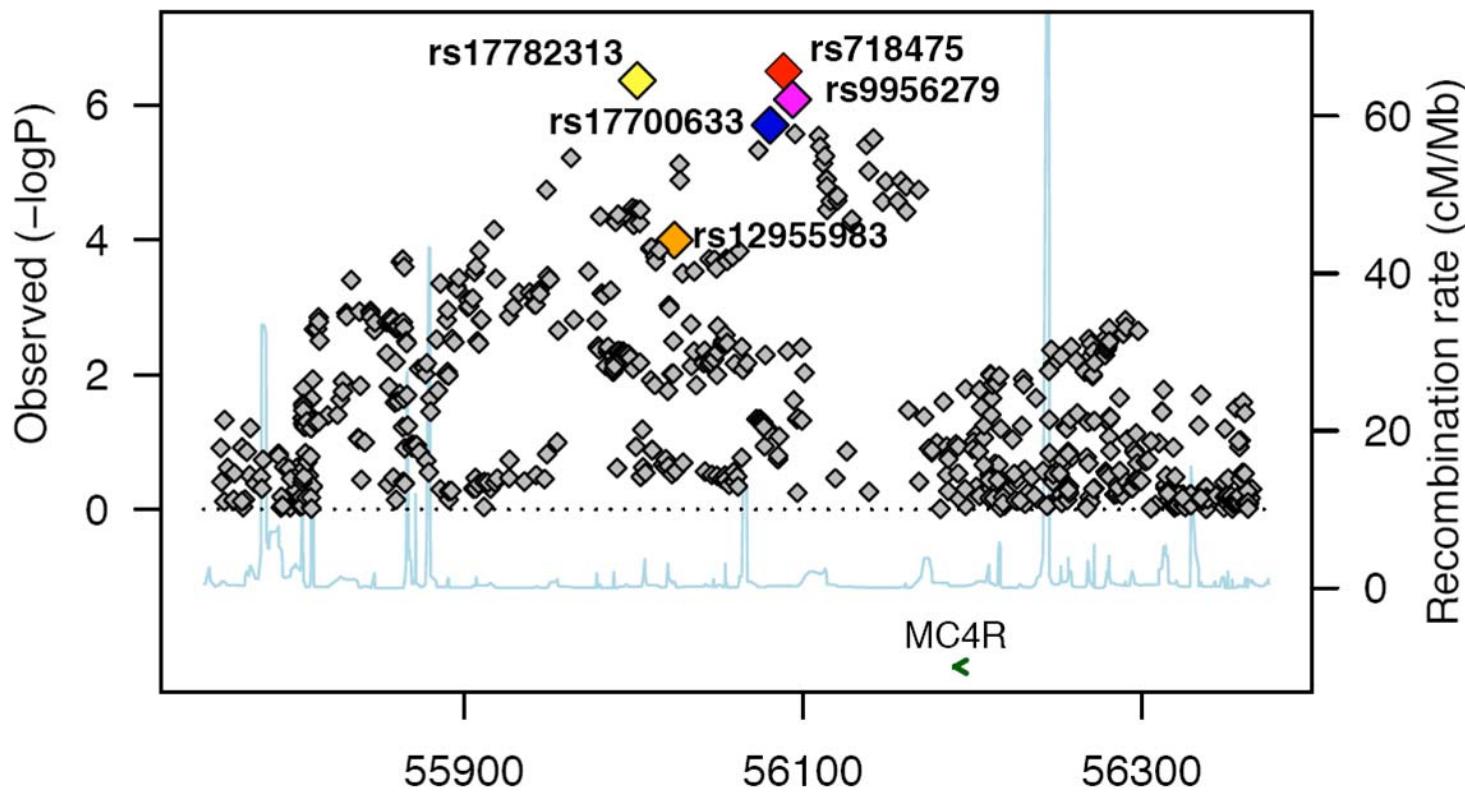
Stratigopolous et al, Am J Physiol 2008

More obesity genes

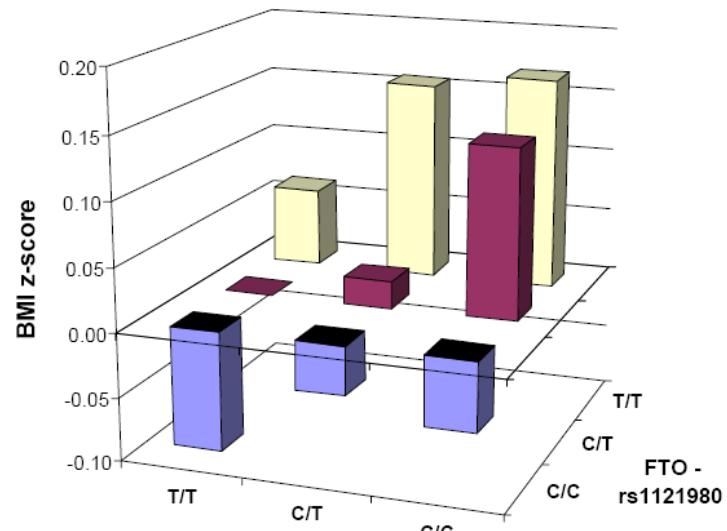
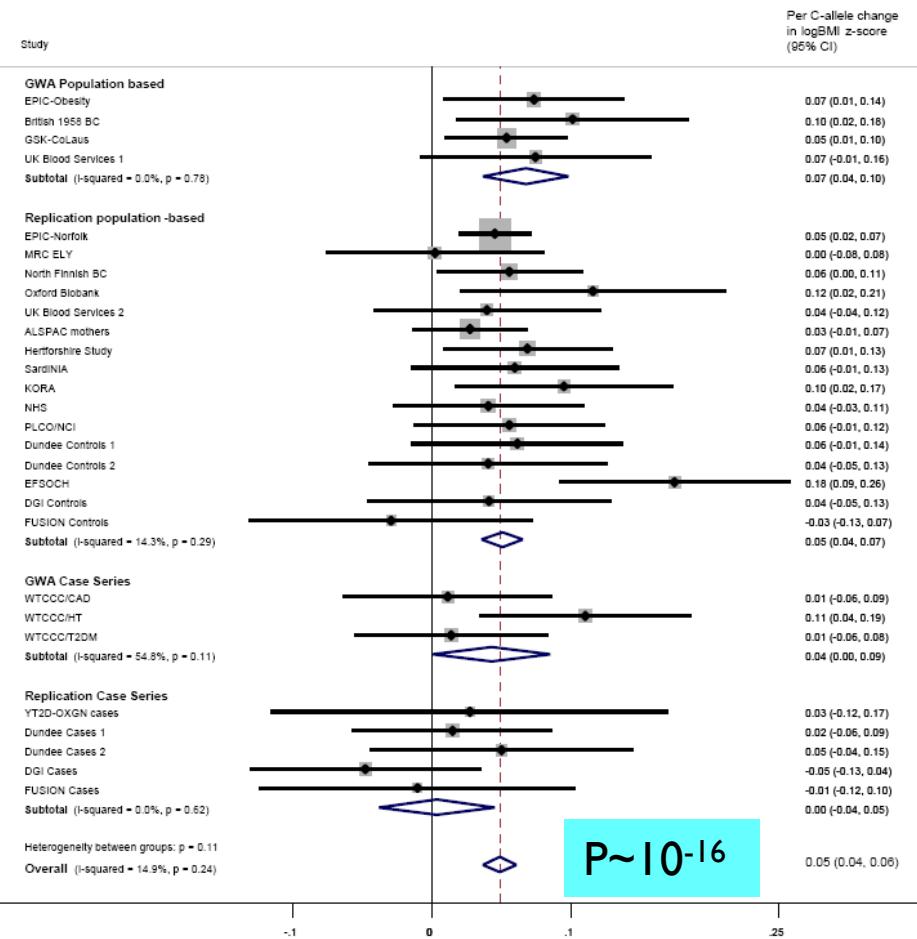


Loos et al, NG, 2008

Data from 32,000 GWA scans...



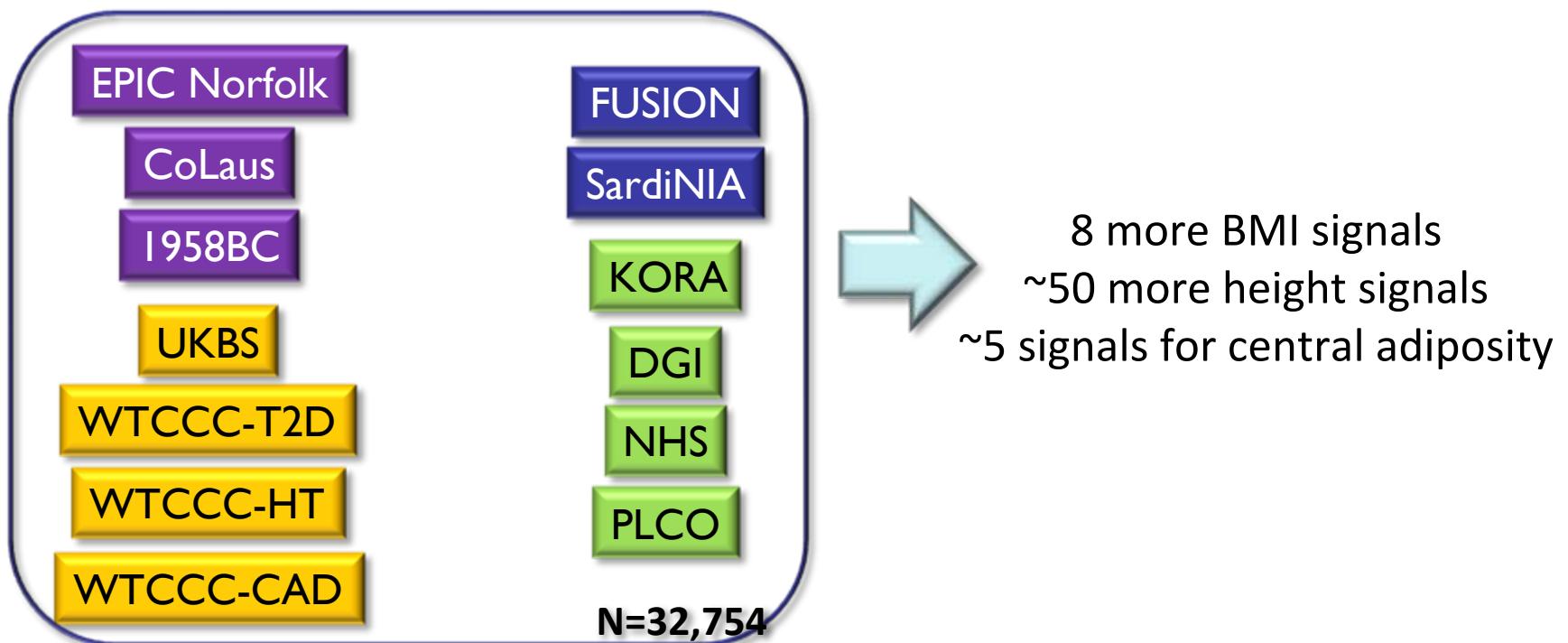
70,000 adults.....



Half the effect of FTO
Approx 0.3% variance
5% of a SD

GIANT consortium

- Genetic Investigation of ANthropometric Traits
- Joel Hirschhorn + 11 groups (Oxford, Cambridge, Exeter)



More genes....

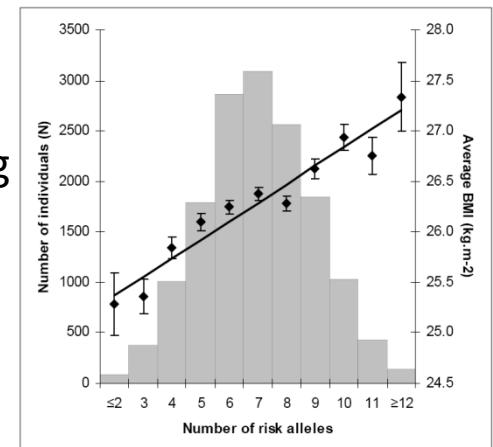


Combine
GWAs from
32000 individuals

+ Check top hits in
GWAs from
44,000 individuals

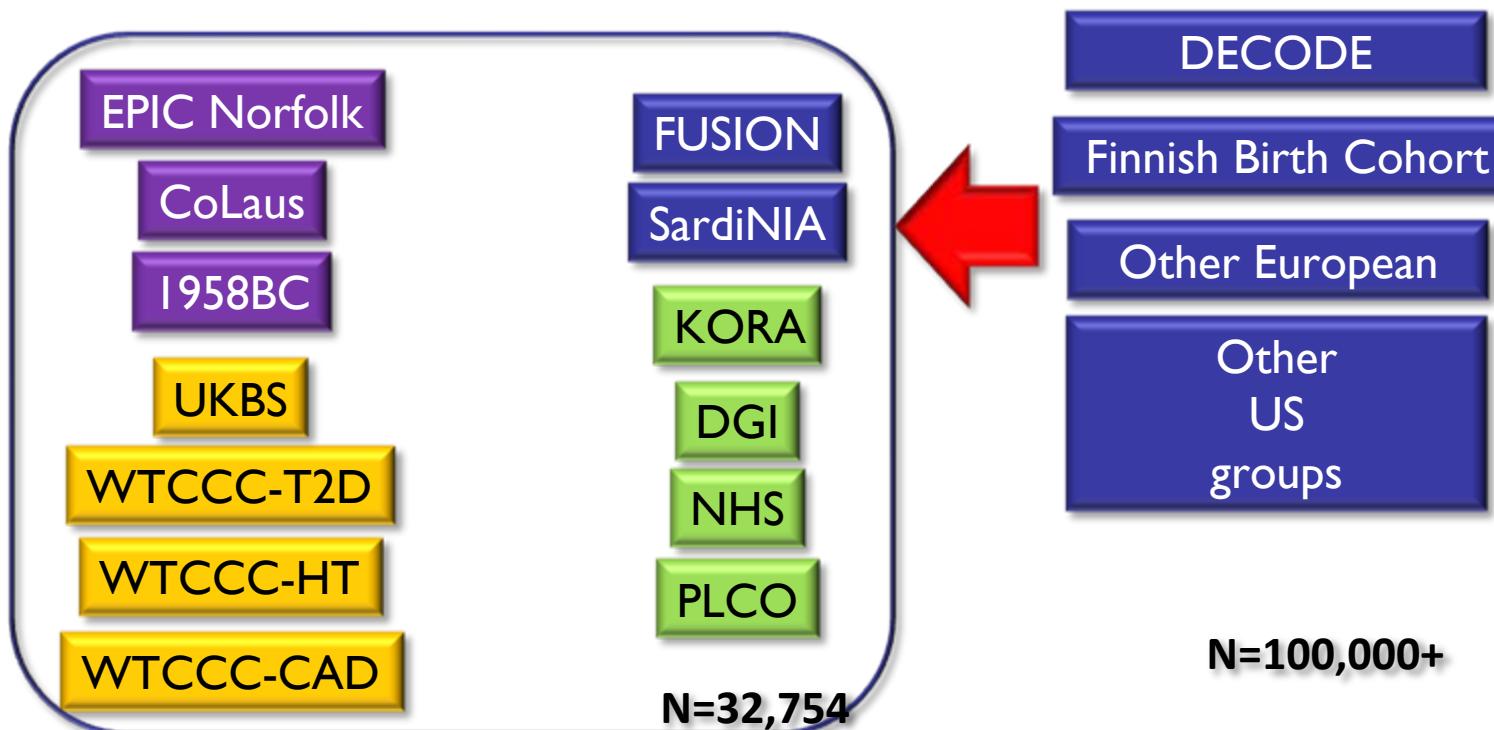
+ Do more genotyping
in 40,000 samples

Willer et al, NG in revision

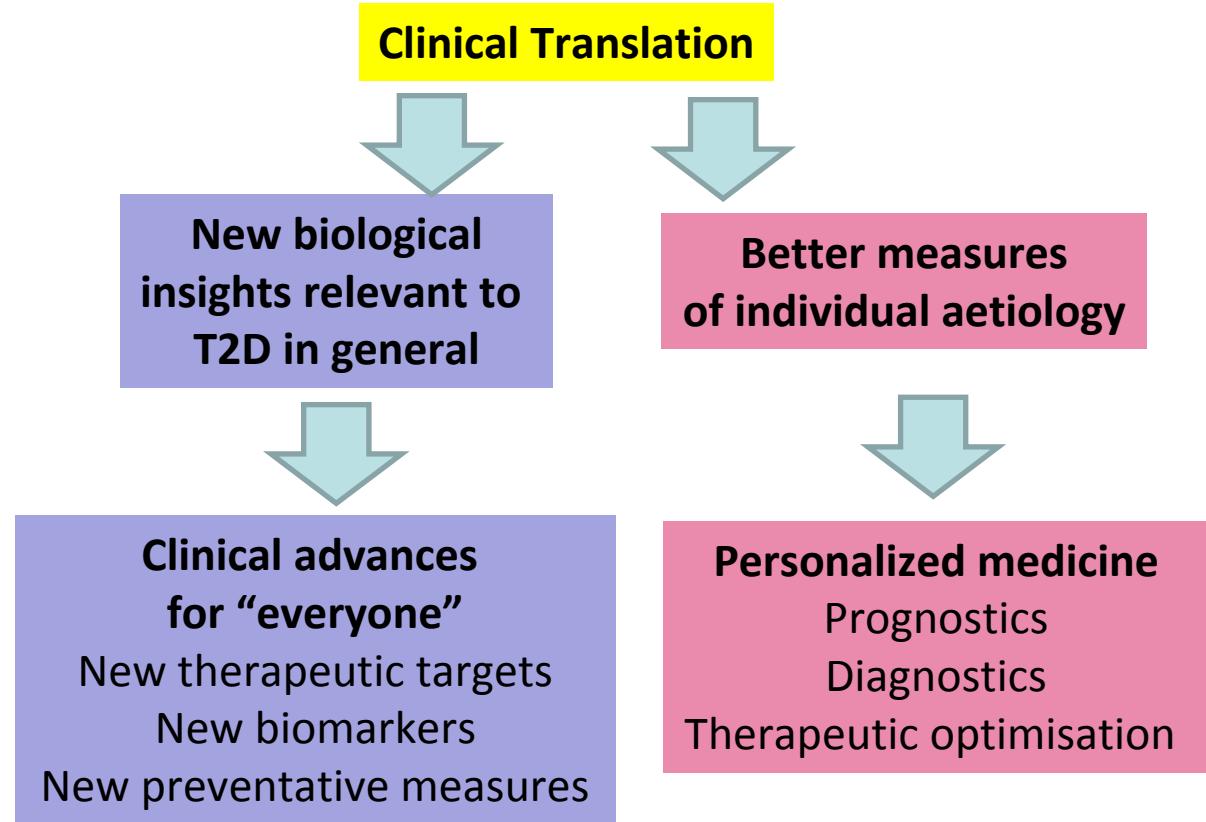
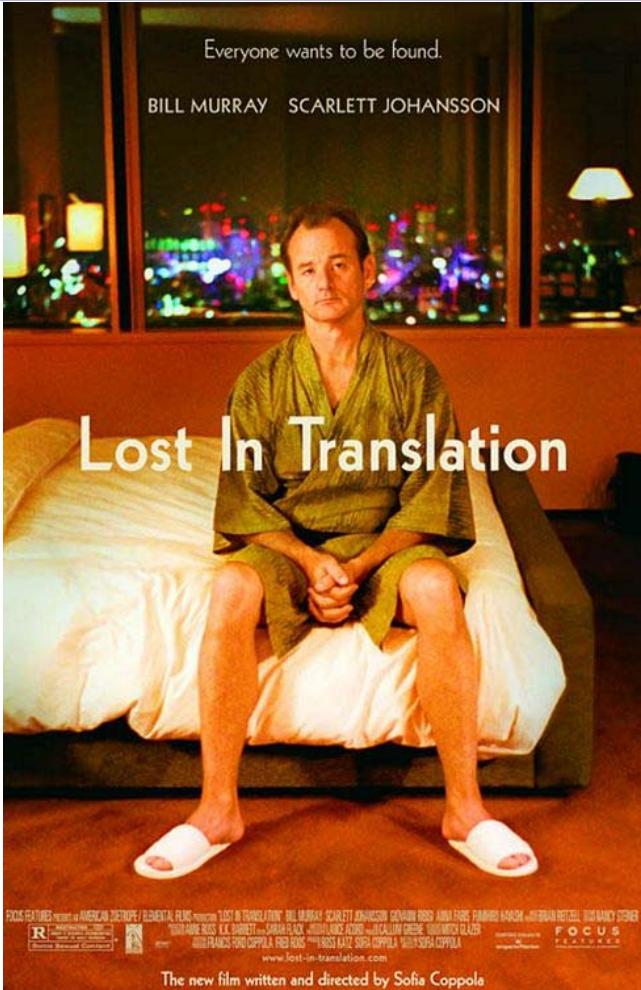


GIANT consortium

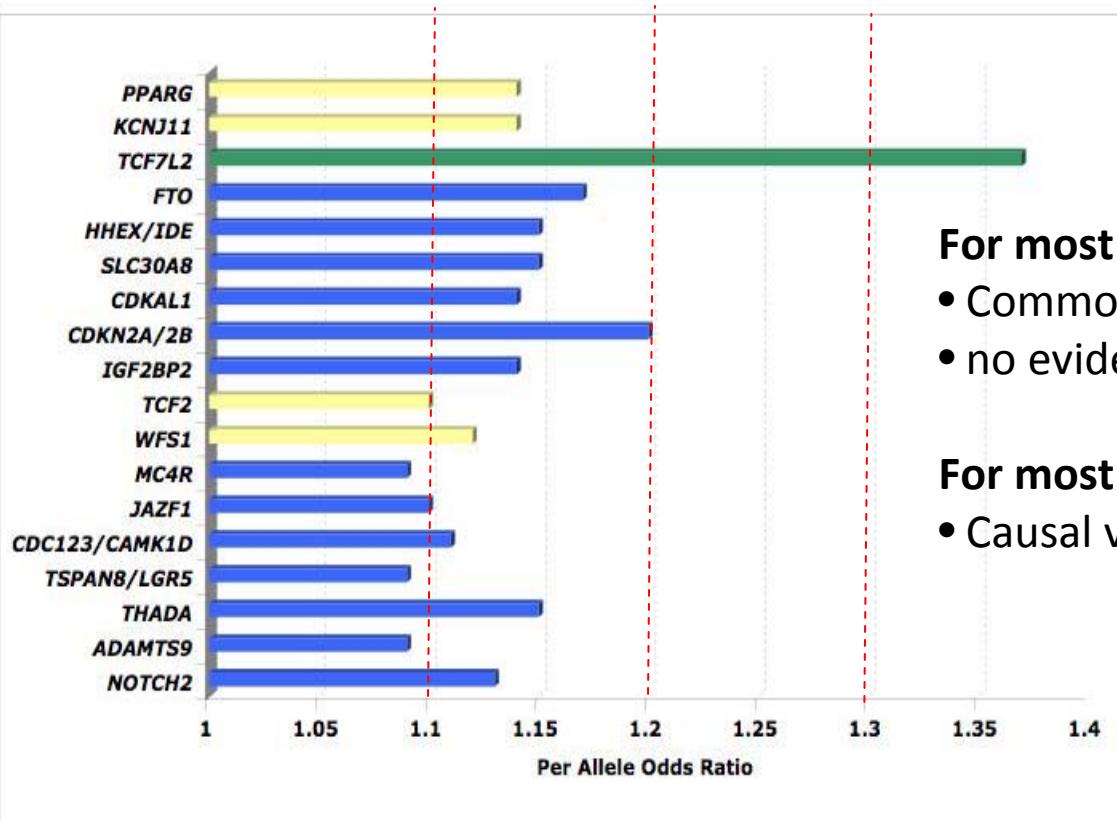
- Genetic Investigation of ANthropometric Traits
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Translation



Number and size



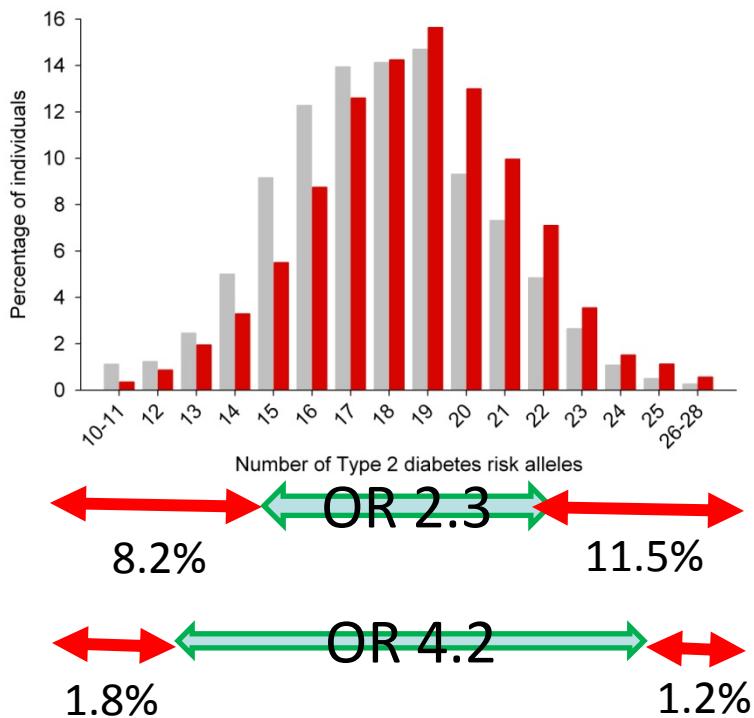
For most diseases

- Common variants of modest effect
- no evidence of departure from additivity

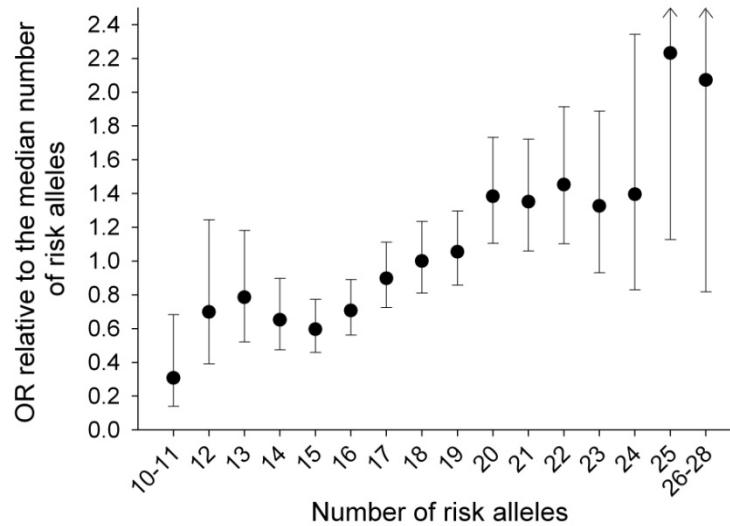
For most loci

- Causal variants not yet known

Individualised “prediction”



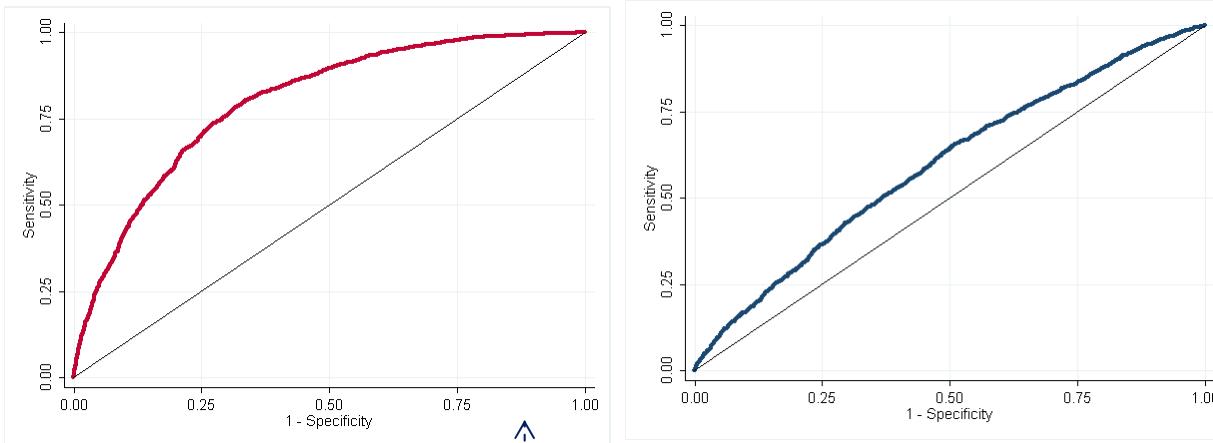
Weedon et al, PLOS, 2007
Lango et al, Diabetes 2008



Big effects of “possible” clinical value restricted to just a small proportion

Limited empirical evidence that this information would translate into better outcomes...

Individualised “prediction”

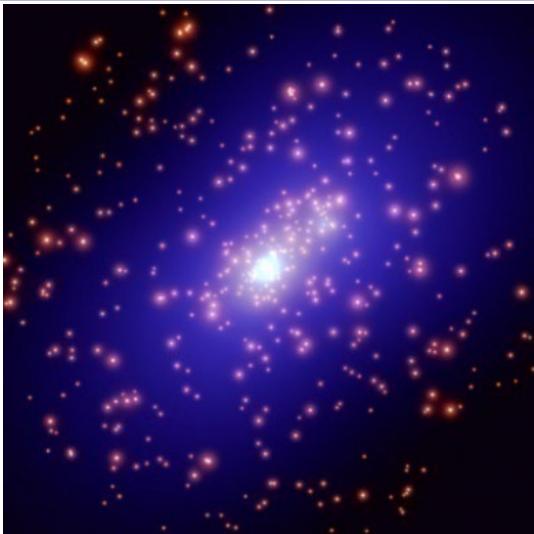


11 variants (-FTO), BMI, age
BMI and age
12 variants

AUC = 80%
AUC = 78%
AUC = 59%

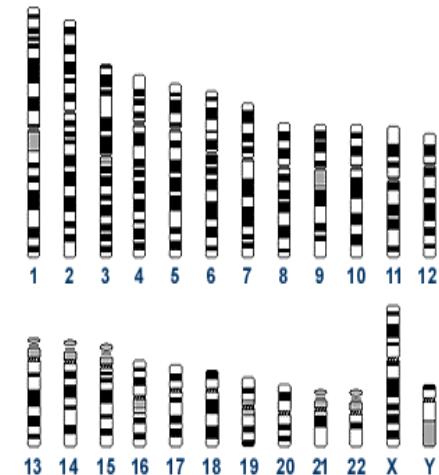
Sibling relative risk (overall) 3.0
Sibling relative risk (18 genes) 1.07

So where's the “dark matter”?



Mismatch between visible mass of the universe & that inferred from gravitational effects on visible matter
→ “**dark matter**”

Mismatch between genes found & that inferred from measures of heritability
→ “**dark heritability**”



So where's the “dark matter”?

More of the same

- More common variant loci
- Finding the causal variants
- Looking in other ethnic groups

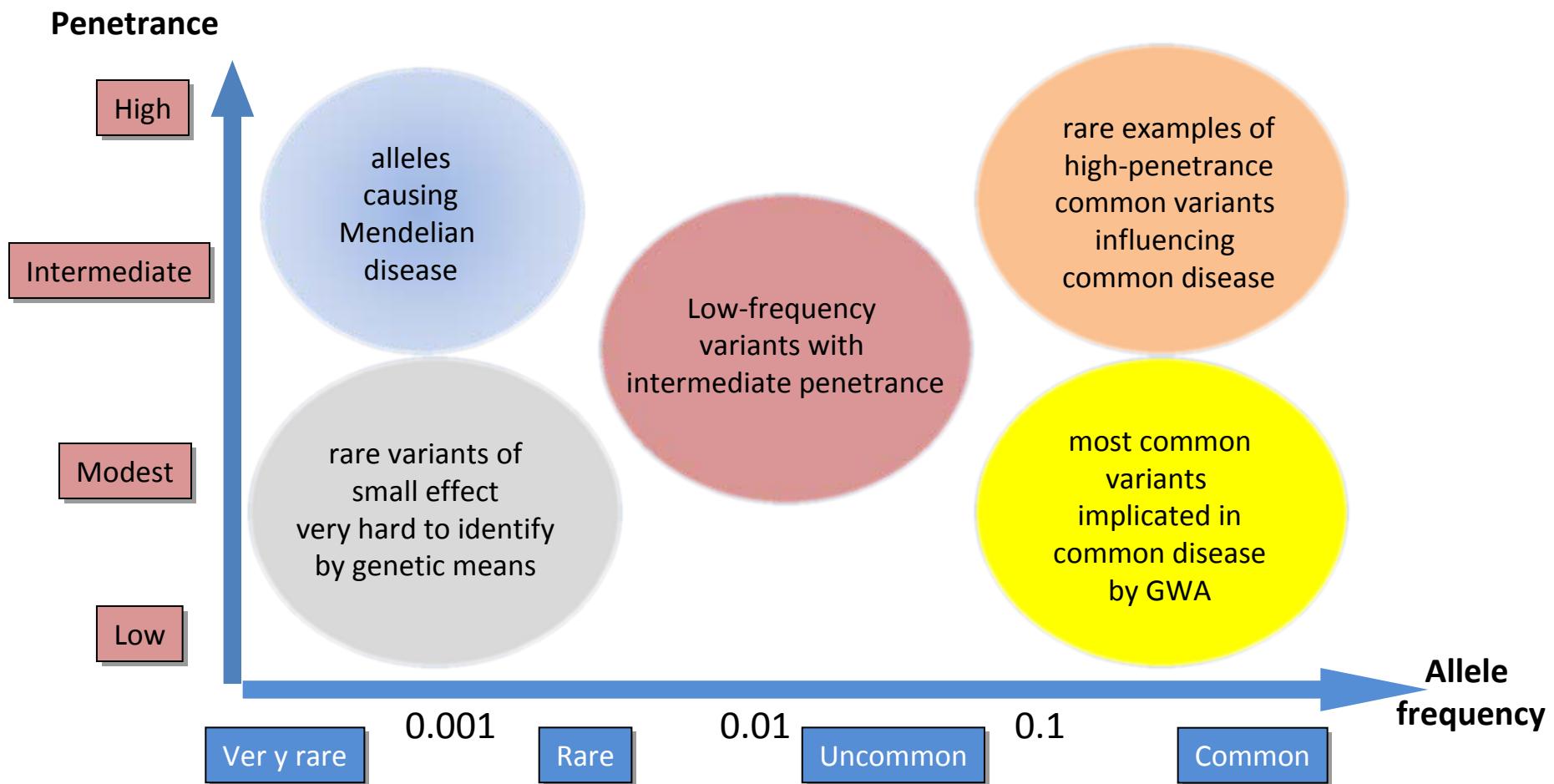
Other types of variation

- structural variants
- low frequency variants

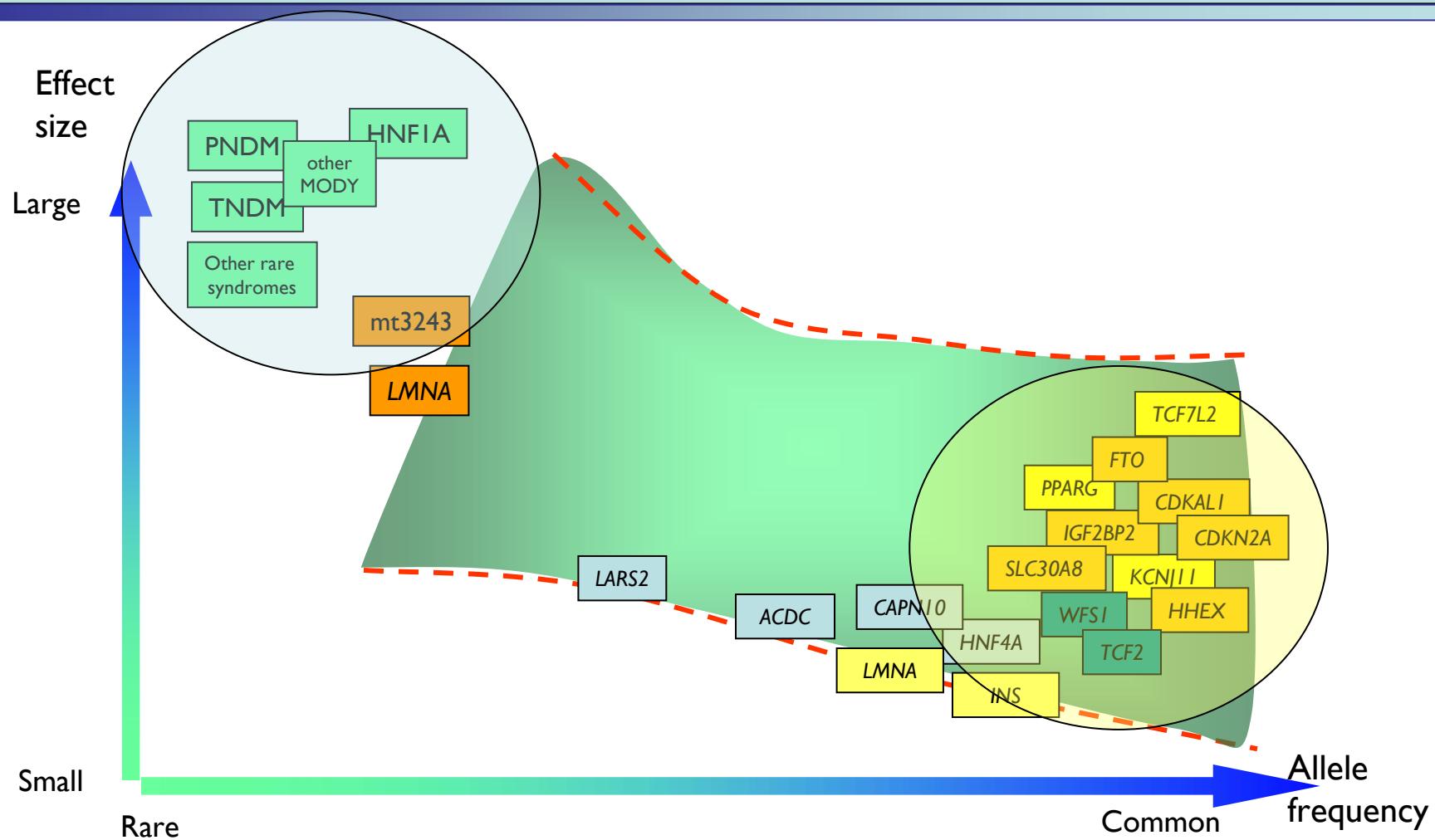
Weird stuff

- epistatic interactions
- epigenetics

Atlas of susceptibility



Atlas of diabetes susceptibility



Consider the following variant....

MAF of 1%
GRR of 3

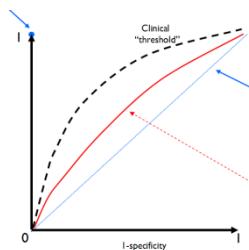
Lambda(s) 1.038

For disease prevalence of 5%
Penetrance of het = 0.14
Penetrance of homoz = 0.43

Too rare for GWA studies
Penetrance too low for linkage

Find by:
Resequencing
• Previously implicated genes
• Exons/promoters etc

20 such loci would give lambda(s) > 2.0
3-5 such variants in a single locus would → linkage signal

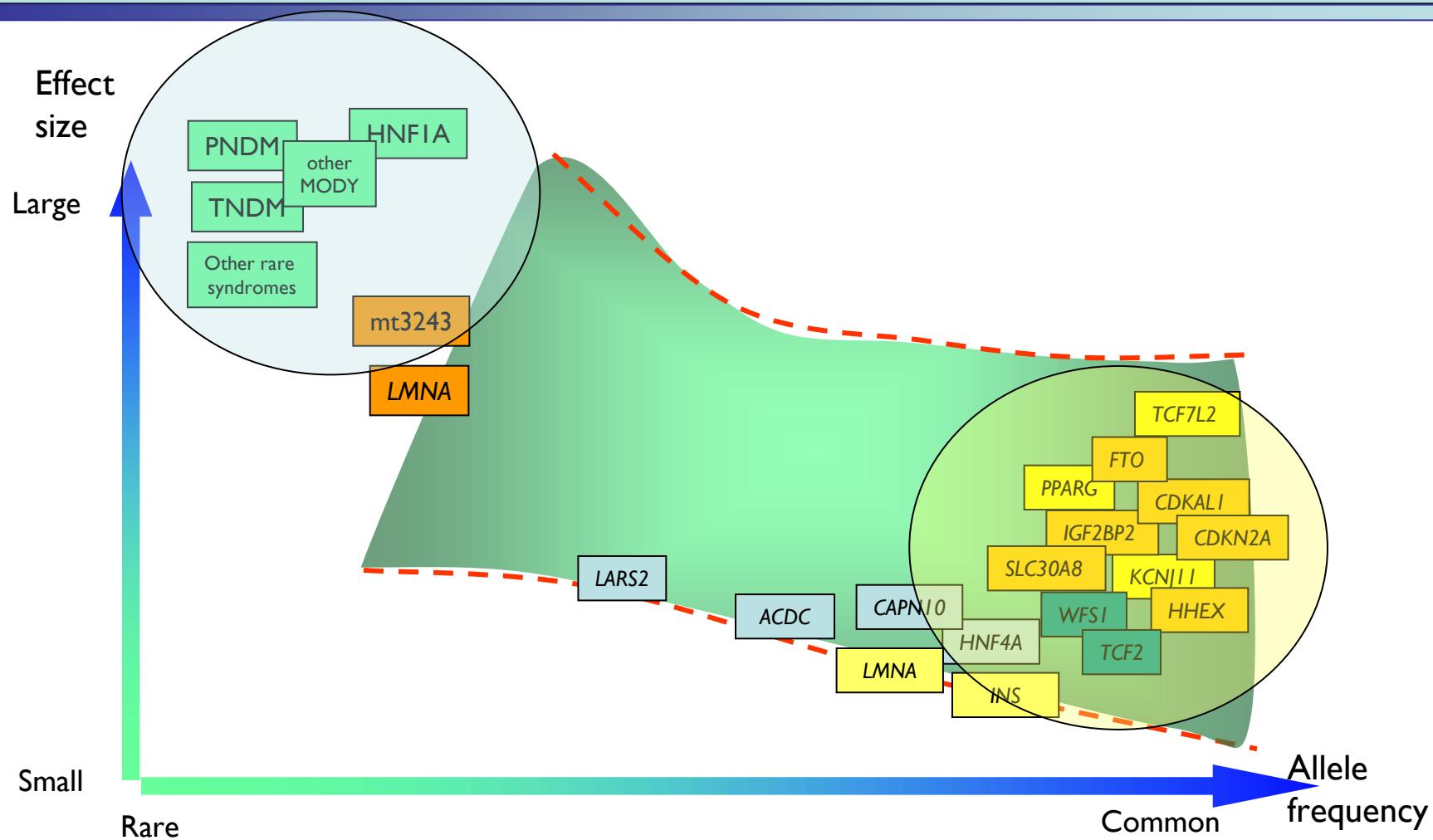


ROC curve
20 variants → AUC 0.72
30 variants → AUC 0.77

Association testing
Power 90%, alpha = 10^{-6}

1953 unselected case-control pairs
559 pairs if cases are selected from sibpairs

Atlas of diabetes susceptibility



Summary...

- GWA studies demonstrate the contribution of the common disease/common variant concept
- Significant differences in tractability of different phenotypes
- Common variants so far explain only a small proportion of the variance in these traits
- CNVs, low frequency variants, epistasis to be measured
- Other major ethnic groups almost completely unexplored
- Challenges: resequencing, fine-mapping, functional studies, epidemiology, translation.....
- Many novel insights into disease biology
- Opportunities for translation

Acknowledgements

Too numerous to mention.....



wellcome trust Case Control Consortium



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Andy Usher**



Nic Timpson



Kate Elliott



Chris Groves



Hana Lango



Mike Weedon

Thanks for the invitation, and your attention