Psych 3102 Introduction to Behavior Genetics Lecture 20 General Cognitive Ability – **Developmental aspects**



- 1. Changes in heritability during development
- does similarity between relatives change over time?
- 2. Influence of genes on development
- do genes contribute to changes during development?
- 3. Locating genes involved in general cognitive ability
- many genes of small effect, can methods be developed to allow them to be located?

1.Changes in heritability during development

- long-term stability after childhood (from age 5) is greater for g than for any other behavioral trait
- genetic influence seems to become more important over time
- gene expression seems to vary over a lifetime

Evidence from family and adoption studies Colorado Adoption Project

- longitudinal study of parents and offspring
- measured for cognitive ability from infancy to adulthood

Correlations

Relationship	Infancy	Adolescence	
Parent/offspring	0.18	0.30	
AdoptiveP/offspring	0.08	0.03	
BioIP/adoptedawayoffspring	0.12	0.37	

- indicates gene influence increases over course of development

- little evidence for persistent effects of shared environment

Table 3	Parameter estimates resulting from the fit of a parsimonious						
model of	genetic and cultural transmission to general cognitive ability						
data in the Colorado Adoption Project							

Parameter	Age in years				
	1	2	3	4	7
h^2	0.09	0.14	0.10	0.20	0.36
m = f	0.04	0.05	0.10	0.07	0.01
p = q	0.27	0.25	0.27	0.27	0.21
s	0.02	0.03	0.05	0.04	0.01
χ^2	33.52	32.86	29.84	30.13	25.48
d.f.	26	26	26	26	26
P >	0.10	0.10	0.20	0.20	0.40

Evidence from twin studies

Minnesota Twin Study

- comparison of MZs and DZs reared together, birth to adulthood MZs and DZs start with more similar correlations (0.79, 0.59) but difference goes up slightly early \rightarrow mid-childhood (0.82, 0.59) then up considerably into adulthood (0.86, 0.39)



Louisville Twin Study

- similar study with similar results

twin studies support results of adoption studies (see text)

- the older the subjects in the sample, the higher the heritability
- average $h^2 = 0.75$ after adolescence

Swedish Twin StudyMZ twins age 60, reared apart $h^2 = 0.80$ replicated with similar results at age 80



all evidence points to increasing heritability with age

• why?

different genes expressed at different ages?

full phenotypic effect of genes not shown until adulthood?

lessening of environmental influences with age?

genotype/environment correlation and/or interaction may reinforce genetic differences



2. Changes in gene expression

 some gene effects can only occur when certain developmental milestones are reached genes affecting processes involved in language

- Evidence from longitudinal studies model-fitting analyses Fulker et al (1993):
- 2 transition stages:
 - 1. infancy \rightarrow early childhood LANGUAGE DEVELOPMENT
 - 2. early \rightarrow mid-childhood FORMAL SCHOOLING
- most gene effects contribute to continuity, not change, over time
- some gene effects contribute to changes in the transition stages (text pages 168-169) See also Chapter 9

3. Locating genes for general cognitive ability

- many genes of small effect for cognition in normal range
- most success so far in locating genes with severe effects producing cognitive disability

Methods used:

knock-out gene studies in animals (eg.mice) allelic-association studies of candidate genes in humans full genome-scan linkage analyses in humans – but power is weak

Boosting power to detect loci of small effect

- use a HUGE sample 30-40,000 people
- + use many thousands of markers spread across genome
- use an endophenotype (an 'intermediate' phenotype)
- an indicator of a biological state manifest as part of a trait or disorder
- for disorders, present in relatives to less extreme level
- a quantitative measure , can be measured in general population

biomarkers: measures of substances found in blood, saliva, urine

neuromarkers: substances found in cerebrospinal fluid

other: anatomical measures (eg brain scans by MRI) physiological measures (eg functional imaging of brain by fMRI,ERP) behavioral tests

Properties of a good endophenotype

- provides a quantitative measure
- relatively cheap, easily and reliably measured
- always present, stable
- specificity specific to the disorder
- sensitivity identifies majority of those with disorder
- for genetic studies: needs to be heritable

Applications

- aid gene-locating studies
- act as risk factors, used to identify liability for a disorder
- aid in early detection of disorder, maybe before symptoms
- improve diagnosis, indicate severity

Endophenotypes for cognition:

1. size of head correlates 0.2 – 0.4 with IQ

2. brain size (MRI) correlates 0.51 with IQ, but sex differences

3. brain volume correlates 0.4 with full scale IQ, h² = 80-90% individual regions correlate much more with specific abilities performance IQ & prefrontal cortex volume genetic r = .72 processing speed & white matter volume genetic r = .89

4. information-processing speed as measured by reaction time or working memory capacity
reaction time correlates - 0.2 → - 0.6 with IQ, h² = 54-58% less more complex tasks
but only accounts for 10-30% of variance in IQ

Electro-physiological measures of brain function

EEG electroencephalography measures stimulus-evoked brain activity

 α frequency (10 cycles/sec) most dominant freq. in human EEG can be measured from various different brain regions

event-related potentials (ERPs) visual statistical analysis of EEG α peak freq., verbal ability r = .35 components of ERP correlate more

Advantages

relatively low cost, non-invasive, large samples can be collected provides direct real time measure of cortical neuronal activity permits isolation of specific stages of processing

Disadvantages very limited spatial resolution sources cannot be precisely located

Combining with fMRI will help localize neural substrates of ERPs

Event-Related Potential Technique



Event-related potentials











Example of ERP P300 (P3) brain potential

- can be used to measure cortical activity during stimulus discrimination tasks measure of attention and working memory
- large waveform, peaks (starting at ~ 300mS) after detection of attended & task-relevant stimulus
- typical task: count infrequent relevant stimuli randomly appearing among irrelevant stimuli
- latency measures evaluation time
- amplitude gives measure of working memory resources allocated by brain





Used as endophenotypes for psychopathologies also

Identification of loci influencing cognition

whilst many gene **products** have been implicated in cognitive processes

few polymorphisms at gene loci have been consistently found to contribute to genetic variance for cognition replicated linkage on 6p for reading ability

FNBP1L gene (formin-binding protein 1-like)– found in several studies – regulates neuronal morphology, expressed in neurons in developing brain

CTNNBL1 gene (beta-catenin-like protein 1)– memory-related – replicated in large GWAS

In past, most reported genetic associations with general intelligence were probably false positives (Chabris et al, Psy Sci. 2012)

Most Reported Genetic Associations with General Intelligence Are Probably False Positives

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miRNAs microRNAs

- ~21 nucleotides long, non-protein-coding
- guide effector protein Argonaute (AGO) to mRNAs of coding genes, most human mRNAs are regulated by miRNAs (how do mRNAs escape regulation? circRNAs?))
- repress protein production

Mouse model - complete miRNA-ome generated

488 miRNAs expressed in hippocampus

23 highly expressed (83% of total miRNA content)

some minimally expressed elsewhere – suggests special role in hippocampus

miRNA -34c especially associated w. learning

- impairs learning by interfering w. memory consolidation

- thought to silence SIRT1, gene product (the protein SIRTUIN 1) crucial for memory formation

- novel target for treatment for cognitive impairment

miRNA-34c inhibitors reversed impairment in mice overexpressing miRNA-34c

Also works in mouse Alzheimers model and aged mice (+2 years old)

Nature Reviews Neuroscience(2011),12 EMBO J (2011)

Will Flynn effect continue? Have we reached our maximum potential yet? Will people fall off bottom end of bell curve in our increasingly technological society?

